

# CONVERSATION STARTERS

## FOR FAMILIES

Out of these foundational truths, we can begin talking to one another and our children about social media. Many parents want to talk to their children about social media, they just don't know where to start. We have compiled a list of great conversation starters to help your family discuss the proper usage of technology and social media.

What are some of the times that ringers need to be silenced and phones need to be put away? When is it OK to leave your phone on?

What notifications do you allow? If you only allowed notifications from three apps, which would they be?

Have you ever seen bullying on social media? Does bullying happen more in person or on screens?

A picture you posted has half the likes of your other posts. Do you keep it up or take it down?

Have you ever bought something that you saw someone have on social media or they have tried to get you to buy? What was it?

Have you ever cleared out all your posts or shut down your account? Why did you do that? Can we really make our past disappear?

If someone needed a break, what is the amount of time they should take off social media? 1 day? 1 week? 1 month?

What account that you follow feels the fakest? What kinds of things does that person post?

You are trying to do homework but keep getting texts. Is it important to always be available? Will a friend be mad at you if you turn off your phone or don't respond until the next day?



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What have you learned from influencers recently that's interesting?

You see pictures of friends hanging out together over the weekend and you weren't invited. Does it make you feel insecure? How can you feel confident and happy even if you are not always invited to things?

Your best friend asks you to swap phone passwords because you trust each other. What should you do? Are there any other bad experiences you've heard about from sharing passwords with others?

A friend gets an inappropriate photo from someone at school and shows it to you. How do you respond?

You are an athlete and have decided you don't have time for social media. But then you are told that if you don't post on social media, you won't get recruited. What would you do?

What do you do on social media that is productive?

Your sister left her phone in the car. A text comes through from a mutual friend asking a question you know the answer to. Should you just reply on her behalf?

You post a picture with a friend and later learn you accidentally made your other friend feel left out. What can you do to make it better?

Define privacy and secrecy. How are they different?

You love a group photo from a trip, but you are not sure it's the best picture of a friend who is in it. Should you post it anyway?

Someone posted a quote that you disagree with. What is an appropriate response?

Your neighbor texts you and asks you to please not allow your puppy to run through their lawn. Is it ok to respond with just an emoji or tap back? Can you just leave them on read?

You are reading a text and a parent is looking over your shoulder. What would be a nice way of asking them for privacy?

