

FROM RED LETTER CHALLENGE

BEING KIDS

CHALLENGE

A 40-DAY CHALLENGE TO
BE LIKE JESUS



ZACH AND ALLISON ZEHNDER
DAILY SCHOOL-BASED CURRICULUM

SCHOOL LEADERS + TEACHER LETTER



HELLO SCHOOL PRINCIPALS, DEANS, + TEACHERS:

We are so excited to begin the Being Challenge (BC) Kids journey with you.

First, we want to say thank you for being willing to teach your students about the importance of a meaningful relationship with our Lord and Savior, Jesus Christ. Leading children to the Savior so they can develop life-giving, keystone habits centered around being with God is truly a divine calling.

What is the BC Kids book? The book is the foundation of our 40-day adventure together during which we will find and develop a relationship with God through daily readings, activities, and challenges. Implementation of the BC Kids book and challenge process will last over 40 days starting with 5 days of introduction, or Warm-Up, in which the 5 keystone habits of Being Challenge Kids are presented:

- Form Friendships
- Study Scripture
- Pause for Prayer
- Stop for Solitude
- Choose Church

The following five weeks dive into each keystone habit, digging deeper into the Being Challenge Kids journey and how we can challenge ourselves to allow Jesus to lead us daily and show us His true purpose for our lives.

Research shows that kids learn through stories, so we did not stop with 40 daily devotionals! In addition, the BC Kids book interweaves a 7-part Sands of Redvale novelette throughout the book written by renowned author Doug Peterson. We have found that this is often the kid's favorite part!

What is the Being Challenge Kids School-Based Curriculum? The curriculum is a day-by-day guide to implementing this 40-day discipleship experience into a Bible class or classroom. It offers a variety of enhancements to the book such as:

- Easy day-by-day lesson plans to follow
- A flexible study that can fit different settings such as a Bible study, classroom, or Confirmation Class
- Completely customizable lessons to fit a specific class, time frame, and style
- Grade and age-specific activities, projects, and discussion questions related to the text
- FREE activities, links, and tests offered on our website
- A detailed plan to encourage family involvement and parent connection through a personalized Commitment Letter and family-based activities.

I am a teacher; how do I use these lessons? We encourage facilitators to begin with the agenda items each day and then add in the provided optional activities for enrichment if time allows. These lessons are written to fit your needs:

- Follow our plans as presented for easy and quick prep beforehand or
- Make them your own by adding, changing, or mixing and matching for your optimal needs.

How long will this take? The goal is to complete the book in 40 days! In order to accomplish this, students will have homework in the form of challenges during the week as well as bonus readings and activities to complete on Saturday and Sunday. There are options for the kids to choose every day. These are not intended to be a burden, but something they can look forward to accomplishing every day!

I have a book; where do I start? We recommend that you take the time to familiarize yourself with the BC book, specifically reviewing the introduction on pages 6-21. The RLL website also has ample information and resources to make this curriculum as easy and user-friendly as possible.

We pray that not only your school, but your entire community will be energized through this 40-day Challenge. It is our goal to continue to provide simple, challenging and practical resources that are always squarely aimed at Jesus! Let's commit to going ALL IN for our young people's future!

"Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourself fully to the work of the Lord because you know that your labor in the Lord is not in vain." 1 Corinthians 15:58

Get ready for an exciting discipleship adventure. Let's do this!

The Red Letter Living Team

PS - For a super powerful and unifying discipleship experience, if you have an affiliated church, we encourage you to launch a schoolwide and churchwide challenge!



ADDITIONAL RESOURCES



BC KIDS SCHOOL-BASED CURRICULUM RESOURCES:

- **BC Kids Book Information:**

<https://redletterchallenge.com/product/being-challenge-kids-book/>

- **BC Kids School Leader/Teacher Letter** (previous page)

- **BC Kids Student/Parent Commitment Letter** (following pages)

- **BC Kids 40-Day Calendar** (following pages)

- **Kids Weekly Take-Home Sheets** (end of this curriculum)

- **More “Kids Resources” for BC Kids** (can be used in conjunction with an affiliated church or for additional activity ideas for the school classroom):

<https://redletterchallenge.com/free-resources/being-challenge-resources/>

- **BC Weekly Kids Church Curriculum**
- **BC Kids Coloring Pages**
- **BC Kids Graphics Package**
- **BC Kids Sands of Redvale Discussion Questions**
- **BC Kids Passport Printable/Passport Stamp Booklet**

RLC Social Media:

 <http://facebook.com/redletterchallenge>

 <https://www.instagram.com/redletterchallenge/>

 <https://www.youtube.com/c/RedLetterLiving>

Have Questions or need help?

- Contact and Support: <https://redletterchallenge.com/contact-and-support/>
- Email: hello@redletterchallenge.com



40-DAY COMMITMENT LETTER



HELLO STUDENTS AND PARENTS/GUARDIANS.

As a community of believers in Christ, we have a deep desire to instill in every student an understanding of the importance of being with God and how to make it a daily keystone habit. This year, one way we are accomplishing this goal is by incorporating a new 40-Day Bible Study called Being Challenge Kids into our regular curriculum. This highly engaging book will require a team effort from teachers, students, and parents/guardians. There will be fun, daily readings and challenging action steps to complete that are all scripture-based and focused on being with God.

Spending time with God and being with Him throughout our daily lives is truly about building a strong relationship with Him. With that in mind, we can think of no better way than to partner with the "Master of Relationship" Himself - Jesus Christ! We are so excited about the spiritual growth and purpose that will be developed as a result of walking with Jesus and understanding how He provides for us. It's all about Jesus and the life he brings! As He stated in Matthew 11:29, "Walk with me and work with me - watch how I do it. Learn the unforced rhythms of grace."

Please partner with us in this 40-Day Challenge. Sign and return this form as a signal of your commitment to this process. Please keep the included calendar for your planning purposes.

I, _____ (student's name), commit to reading the daily readings and completing *Being Challenge Kids*.

_____ (student's signature)

I, _____ (parent/guardian's name), commit to helping my student read the daily readings and assist them in completing *Being Challenge Kids*.

_____ (parent/guardian's signature)

Yes, I can purchase the BC Kids Book for \$_____.

Yes, I can purchase the BC Kids Book for another child who needs assistance.

No, we cannot afford the BC Kids Book. We would like financial support.



40-DAY COMMITMENT LETTER



HELLO STUDENTS AND PARENTS/GUARDIANS,

As a community of believers in Christ, we have a deep desire to instill in every student an understanding of the importance of being with God and how to make it a daily keystone habit. This year, one way we are accomplishing this goal is by incorporating a new 40-Day Bible Study called Being Challenge Kids into our regular curriculum. This highly engaging book will require a team effort from teachers, students, and parents/guardians. There will be fun, daily readings and challenging action steps to complete that are all scripture-based and focused on being with God.

Spending time with God and being with Him throughout our daily lives is truly about building a strong relationship with Him. With that in mind, we can think of no better way than to partner with the "Master of Relationship" Himself - Jesus Christ! We are so excited about the spiritual growth and purpose that will be developed as a result of walking with Jesus and understanding how He provides for us. It's all about Jesus and the life he brings! As He stated in Matthew 11:29, "Walk with me and work with me - watch how I do it. Learn the unforced rhythms of grace."

Please partner with us in this 40-Day Challenge. Sign and return this form as a signal of your commitment to this process. Please keep the included calendar for your planning purposes.

STATEMENT OF 40-DAY COMMITMENT:

I, _____ (student's name), commit to reading the daily readings and completing *Being Challenge Kids*.

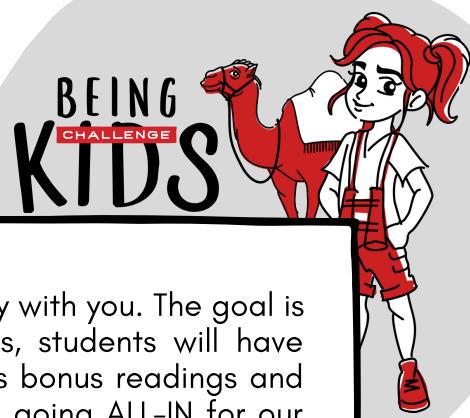
_____ (student's signature)

I, _____ (parent/guardian's name), commit to helping my student read the daily readings and assist them in completing *Being Challenge Kids*.

_____ (parent/guardian's signature)



40-DAY SCHOOL CALENDAR



LET'S DO THIS!

We are so excited to begin the *Being Challenge (BC) Kids* journey with you. The goal is to complete the book in 40 days! In order to accomplish this, students will have homework in the form of challenges during the week, as well as bonus readings and activities to complete on Saturday and Sunday. Let's commit to going ALL-IN for our student's future, so we can all become greater followers of Jesus!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ONLY FOR SCHOOLS PARTNERING WITH ASSOCIATED CHURCH *LAUNCH SUNDAY	WEEK OF WARM-UP LET'S DO THIS! INTRO DAY	EVERYONE BEGINS READING DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
AT THIS POINT, STUDENTS WILL BE ONE DAY BEHIND IF PARTNERING WITH ASSOCIATED CHURCH	FORM FRIENDSHIPS WEEK *DAY 6	DAY 7	DAY 8	DAY 9	DAY 10	DAY 11
DAY 12	STUDY SCRIPTURE WEEK 	DAY 13	DAY 14	DAY 15	DAY 16	DAY 18
DAY 19	PAUSE TO PRAY WEEK 	DAY 20	DAY 21	DAY 22	DAY 23	DAY 25
DAY 26	STOP FOR SOLITUDE WEEK 	DAY 27	DAY 28	DAY 29	DAY 30	DAY 32
DAY 33	CHOOSE CHURCH WEEK 	DAY 34	DAY 35	DAY 36	DAY 37	DAY 39
DAY 40	*WRAP-UP/ CELEBRATION DAY *OPTIONAL					

NOTES:



WEEK OF WARM-UP | INTRODUCTION DAY

THEME:

Introducing the 5 Keystone Habits of Being Challenge Kids - Form Friendships, Study Scripture, Pause for Prayer, Stop for Solitude, and Choose Church.

BIBLE VERSES:

Matthew 11:28-29 (MSG)

OBJECTIVE:

Students will be able to explain the importance of being with Jesus and define the 5 Keystone Habits of Being Challenge.

MEMORY VERSE:

"Walk with me and work with me - watch how I do it. Learn the unforced rhythms of grace." Matthew 11:29 (MSG)

AGENDA:

- Opening Prayer. (1-2 min)
- Introduce Being Challenge (BC) Kids. (6-8 min)
 - Distribute BC Kids book and Student/Parent Commitment Letters; request return.
 - Read p.6 – p.8: Keystone Habits.
 - Discussion: What are Keystone Habits? Why are they so important to our daily lives?
 - Review BC Kids book structure, The challenges, The Sands of Redvale, Red Alerts; Introduce the 5 Keystone Habits.
 - Reference p.8 – p.9.
- Read Sands of Redvale, pt.1. (8-10 min)
 - p.10 – p.14.
- Activities (Optional): (25-30 min)
 - Complete Sands of Redvale Discussion Questions. – 3-5
 - Complete Sands of Redvale Coloring Sheets. – K-2
- Review homework (HW) and Commitment Letter; distribute Week 1 Take Home Sheet. (1-2 min)
- Closing Prayer. (1-2 min)

HOMEWORK:

- Review Student/Parent Commitment Letter and get parent/guardian signatures.
- Review the 5 Keystone Habits with parents/guardians.
- As a family, praise God for the opportunity to be with Him everyday!





WEEK OF WARM-UP | DAY 1

THEME:

Introducing the 5 Keystone Habits of Being Challenge Kids - Form Friendships, Study Scripture, Pause for Prayer, Stop for Solitude, and Choose Church.

BIBLE VERSES:

Matthew 11:28-29 (MSG)

OBJECTIVE:

Students will be able to explain the importance of being with Jesus and define the 5 Keystone Habits of Being Challenge.

MEMORY VERSE:

"Walk with me and work with me - watch how I do it. Learn the unforced rhythms of grace." Matthew 11:29 (MSG)

AGENDA:

- Opening Prayer. (1-2min)
- Collect Commitment Letters. (1-2min)
- Review the 5 Keystone Habits. (5min)
- Introduce Day 1: Form Friendships. (1-2min)
- Read p.16 – p.19 (students identify three friends). (10-15min)
 - Discussion Questions:
 - Why did Jesus start His ministry by finding friends?
 - How would you define the word "disciple?"
 - Who were the 12 disciples? How would you describe them?
- Activities (Optional): (25-30min)
 - Review Bible Verses and recite Memory Verse (choral recitation). – K-5
 - A Deeper Dig: The 12 – Who were the 12 disciples? – 3-5
 - Option: have students or student groups research each of the 12 disciples using the 4 Gospels or a web source (Bibleinfo.com); have groups share their findings about each of the 12 disciples.
 - Students draw/write/act out what friendship looks like. – K-5
 - Option: Have students draw/write/act out an example of what friendship looks like to them. Ask students to explain their drawing, writing, or play.
- Review HW assignments. (1-2min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review Memory Verse.
- As a family, thank God for being our best friend and showing us all what true friendship is really about.



WEEK OF WARM-UP | DAY 2

THEME:

Introducing the 5 Keystone Habits of Being Challenge Kids - Form Friendships, Study Scripture, Pause for Prayer, Stop for Solitude, and Choose Church.

BIBLE VERSES:

Matthew 11:28-29 (MSG)

OBJECTIVE:

Students will be able to explain the importance of being with Jesus and define the 5 Keystone Habits of Being Challenge.

MEMORY VERSE:

"Walk with me and work with me - watch how I do it. Learn the unforced rhythms of grace." Matthew 11:29 (MSG)

AGENDA:

- Opening Prayer. (1-2 min)
- Introduce Day 2: Study Scripture. (1-2 min)
- Read p.20 – p.23 (students draw pictures of what makes them special). (10-15 min)
 - Discussion Questions:
 - What will reading Scripture do for you?
 - How often did Jesus reference Scripture when he spoke?
 - What 2 things does Scripture show us?
 - What is our role as witnesses for Jesus?
- Activities (Optional): (25-30min)
 - Review and recite the memory verse (choral recitation). – K-5
 - A Deeper Dig: What were they waiting for? – 3-5
 - Option: Reread Luke 24:48-49; ask students to research what the disciples were waiting on by having them read Acts 2. Ask the students to share their findings and ask them how the disciples acted as witnesses for Jesus on the Day of Pentecost.
 - Have students review the Bible verses for the week. – K-5
 - Option: Read Matthew 11:28-29 together and ask the students how those Scriptures could change their lives.
- Review HW assignments. (1-2min)
- Closing Prayer. (1-2 min)

HOMEWORK:

- Review and recite the memory verse.
- As a family, confess sins, ask for forgiveness, and seek to forgive others as God forgives us according to the Scriptures.





WEEK OF WARM-UP | DAY 3

THEME:

Introducing the 5 Keystone Habits of Being Challenge Kids - Form Friendships, Study Scripture, Pause for Prayer, Stop for Solitude, and Choose Church.

BIBLE VERSES:

Matthew 11:28-29 (MSG)

OBJECTIVE:

Students will be able to explain the importance of being with Jesus and define the 5 Keystone Habits of Being Challenge.

MEMORY VERSE:

"Walk with me and work with me – watch how I do it. Learn the unforced rhythms of grace." Matthew 11:29 (MSG)

AGENDA:

- Opening Prayer. (1-2 min)
- Introduce Day 3: Pause To Pray. (1-2 min)
- Read p.24 - p.27. (10-15 min)
 - Discussion Questions:
 - When do you pause to pray? Where are you when you pray?
 - How did Jesus teach the disciples to pray?
 - How is prayer like water? How would you describe prayer with God?
- Activities (Optional): (25-30 min)
 - Review and recite the memory verse (choral recitation). - K-5
 - A Deeper Dig: Jesus' teaching on prayer. - 3-5
 - Option: Have students or student groups read Matthew 6:5-15. Ask students or student groups to make a list of "do's and don'ts" from Jesus' teaching on prayer. Have them share their lists with the class.
 - Pause and Pray. - K-2
 - Option: Ask for students to share any prayer requests and lead them in a prayer together following Jesus' example.
- Review HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse (Test tomorrow!).
- Pray as a family that God will show you opportunities to pray throughout this 40 day challenge.



WEEK OF WARM-UP | DAY 4

THEME:

Introducing the 5 Keystone Habits of Being Challenge Kids - Form Friendships, Study Scripture, Pause for Prayer, Stop for Solitude, and Choose Church.

BIBLE VERSES:

Matthew 11:28-29 (MSG)

OBJECTIVE:

Students will be able to explain the importance of being with Jesus and define the 5 Keystone Habits of Being Challenge.

MEMORY VERSE:

"Walk with me and work with me – watch how I do it. Learn the unforced rhythms of grace." Matthew 11:29 (MSG)

AGENDA:

- Opening Prayer. (1-2 min)
- Recite Memory Verse. (5-10 min)
 - Options: each student separately to earn a reward or as a group to earn a reward.
 - Reward Ideas: treats, badges, Redvale Passport Book Stamp.
- Introduce Day 4: Stop For Solitude. (1-2 min)
- Read p.28 - p.31. (5-10 min)
 - Discussion Questions:
 - When do you stop and take time to be alone with God?
 - Why should we make solitude with God a keystone habit?
- Read Sands of Redvale, pt.2. (5-10 min)
 - p.38 - p.49.
- Activities (Optional): (25-30 min)
 - Sands of Redvale Discussion Questions. – 3-5
 - Sands of Redvale Coloring Sheets. – K-2
- Review weekend HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Read and complete Day 5: Choose Church (p. 32 – 35).
- Review the 5 Keystone Habits of Being Challenge Kids.
- Complete Sands of Redvale, pt. 2 with parents/guardians (if not completed).
- Pray as a family that God will open your heart to being with Him more and more.





WEEK OF FORM FRIENDSHIPS | DAY 6

THEME:

The first of the 5 themes of Being Challenge Kids - Form Friendships.

BIBLE VERSES:

Proverbs 13:20-21

OBJECTIVE:

Students will be able to explain the importance of friendships and how Jesus formed friendships to accomplish His purposes.

MEMORY VERSE:

"Walk with the wise and become wise, for a companion of fools suffers harm."

Proverbs 13:20

* IF CHURCH IS DOING BC W/ SCHOOL, STUDENTS WILL NOW BE ONE DAY BEHIND IN CHALLENGES

AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and 5 Keystone Habits from the previous week. (4-5 min)
 - Ask students which warmup was their favorite and why.
- Introduce Day 6: Wired For Relationship. (1-2 min)
- Read p.50 – p.54 (10-15 min)
 - Discussion Questions:
 - Who was in Jesus' closest group of friends (The 3)?
 - What purpose did Jesus have for The 12?
 - How many people did Jesus appear to after His Resurrection according to 1 Corinthians 15:6? Why do you think He appeared to The 500?
- Activities (Optional): (25-30 min)
 - Review Bible Verses and recite memory verses. (choral recitation) – K-5
 - A Deeper Dig: The 3 and the Transfiguration. – 3-5
 - Option: Have students or student groups read Mark 9:2-10. Have students or student groups discuss why Jesus wanted The 3 to experience the Transfiguration. Ask why God spoke to The 3 directly.
 - Target Practice. – K-5
 - Option: Have students complete the Target Practice on p.55. Ask each question to the students and have them complete each target coloring. Ask students to share their evaluations.
 - Make-Up Monday: Work with students to complete work from the previous week.
- Review challenge and HW assignments; distribute Week 2 Take Home Sheet. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.55 (Target Practice) with parents/guardians; start the challenge.
- As a family, praise God for providing His son, Jesus, to be our closest friend.





WEEK OF FORM FRIENDSHIPS | DAY 7

THEME:

The first of the 5 themes of Being Challenge Kids - Form Friendships.

BIBLE VERSES:

Proverbs 13:20-21

OBJECTIVE:

Students will be able to explain the importance of friendships and how Jesus formed friendships to accomplish His purposes.

MEMORY VERSE:

"Walk with the wise and become wise, for a companion of fools suffers harm."

Proverbs 13:20

AGENDA:

- Opening Prayer (1-2 min)
- Review HW and challenge from the previous day (4-5 min)
 - Ask students to share who is in their "3" from yesterday's activity.
- Introduce Day 7: The Power Of The Team. (1-2 min)
- Read p.56 - p.59 (10-15 min)
 - Discussion Questions:
 - How are we like the Aspen trees?
 - How do Christians build strong connections with each other?
 - To whom should we turn for help during tough times?
- Activities (Optional): (25-30 min)
 - Review and recite the memory verse. (choral recitation) - K-5
 - A Deeper Dig: The Power of Friends. - 3-5
 - Option: Have students or student groups read Ecclesiastes 4:9-12. Have them create and share a list of reasons why "two are better than one" according to Solomon. Have them determine which verse is the most compelling reason to invest in friends.
 - Team Work Makes the Dream Work, Pt. 1 - K-5
 - Option: Have students build a tower out of spaghetti and marshmallows. Each student will work on their own tower within a time limit (5-15 minutes depending on available time). Measure each free standing tower and determine which tower is tallest.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.60 with parents/guardians; start the challenge.
- PRAY as a family using the A-C-T-S acronym or the Lord's Prayer.
- A-C-T-S: Adoration, Confession, Thanksgiving, Supplication



WEEK OF FORM FRIENDSHIPS | DAY 8

THEME:

The first of the 5 themes of Being Challenge Kids - Form Friendships.

BIBLE VERSES:

Proverbs 13:20-21

OBJECTIVE:

Students will be able to explain the importance of friendships and how Jesus formed friendships to accomplish His purposes.

MEMORY VERSE:

"Walk with the wise and become wise, for a companion of fools suffers harm."

Proverbs 13:20

AGENDA:

- Opening Prayer (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
 - Ask students to share their ideas for how to show Jesus' love to others.
- Introduce Day 8: Your Friends Make A Difference. (1-2 min)
- Read p.62 - p.65 (students make a word list) (10-15 min)
 - Discussion Questions:
 - Why is it important to have a close friend group?
 - What did Jesus say about the paralyzed man's friends?
 - How can our friends impact our spiritual walk with Jesus?
- Activities (Optional): (25-30 min)
 - Review and recite the memory verse. (choral recitation) - K-5
 - A Deeper Dig: A Corroborated Account. – 3-5
 - Option: Divide students into 3 groups; assign each group one account of the paralyzed man being healed (Matt. 9:1-8, Mark 2:1-12, Luke 5:17-26). Have student groups summarize each account and discuss similarities and differences. Discuss with students how lawyers in a courtroom corroborate eye witness accounts not by their "exactness," but more so by their "similarities" through different viewpoints. Ask students how this story is corroborated by the three Gospel accounts.
 - Teamwork Makes the Dream Work, Pt. 2 – K-5
 - Option: Have students build a spaghetti and marshmallow tower, but, this time, have them work in teams of three or four. Use the same time limit as before but allow them to provide extra support to the towers using their hands, backpacks, books, or other items team members may have on hand. Measure the towers once again and determine the tallest tower. Ask the students why this activity was easier and more productive now the second time around?
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.65 with parents/guardians; start the challenge.
- Worship God as a family; thank him for the good friends in your life.





WEEK OF FORM FRIENDSHIPS | DAY 9

THEME:

The first of the 5 themes of Being Challenge Kids - Form Friendships.

BIBLE VERSES:

Proverbs 13:20-21

OBJECTIVE:

Students will be able to explain the importance of friendships and how Jesus formed friendships to accomplish His purposes.

MEMORY VERSE:

"Walk with the wise and become wise, for a companion of fools suffers harm."

Proverbs 13:20

AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
 - Ask students to share any dreams that they have and who may help them.
- Introduce Day 9: You Can Make A Difference Too. (1-2 min)
- Read p.66 – p.69 (students draw their future selves) (10-15 min)
 - Discussion Questions:
 - How can your future job help others/your community?
 - How can you help your 3, your 12, your 72?
 - What is the only reason we are able to help and love other people?
- Activities (Optional): (25-30 min)
 - Review and recite the memory verse. (choral recitation) – K-5
 - A Deeper Dig: The Use of Giftings According to Peter. – 3-5
 - Option: Have students or student groups read 1 Peter 4:7-11. Have students discuss how we should help each other with our giftings and our love.
 - Show Support for Your "500." – K-5
 - Options: As a group or class, complete the 4th option listed under the Challenge on p.69. Focus on the school specifically.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse. (Test tomorrow!)
- Read challenge on p.69 with parents/guardians; start the challenge.
- As a family, thank God for giving us gifts to bless others and spread His Word.





WEEK OF FORM FRIENDSHIPS | DAY 10

THEME:

The first of the 5 themes of Being Challenge Kids - Form Friendships.

BIBLE VERSES:

Proverbs 13:20-21

OBJECTIVE:

Students will be able to explain the importance of friendships and how Jesus formed friendships to accomplish His purposes.

MEMORY VERSE:

"Walk with the wise and become wise, for a companion of fools suffers harm."

Proverbs 13:20

AGENDA:

- Opening Prayer. (1-2 min)
- Recite Memory Verse. (5-10 min)
 - Options: Earn a reward separately as an individual or as a group.
 - Reward Ideas: treats, badges, Redvale Passport Book Stamp.
- Intro Day 10: Friends In A Digital Age. (1-2 min)
- Read p.70 – p.73 (5-10 min)
 - Discussion Questions:
 - What does Prov. 17:17 say about friends and family?
 - How did Jesus show us that relationships are worth it, even if they are messy?
- Read Sands of Redvale, pt.3. (5-10 min)
 - p.84 – p.95
- Activities (Optional): (25-30 min)
 - Sands of Redvale Discussion Questions. – 3-5
 - Sands of Redvale coloring sheets. – K-2
- Review weekend HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Read challenge on p.73 with parents/guardians; start the challenge.
- Read and complete Day 11: Better Together (p.74 – p.77); start the challenge.
- Read and complete Day 12: Commit To One (p.78 – p.81); start the challenge.
- Complete Sands of Redvale, pt. 3 with parents/guardians (if not completed).
- Pray as a family that God will help you see opportunities to build friendships that will last a lifetime.





WEEK OF STUDY SCRIPTURE | DAY 13

THEME:

The second of the 5 themes of Being Challenge Kids - Study Scripture.

BIBLE VERSES:

James 1:5-6

OBJECTIVE:

Students will be able to explain how and why they need to study Scripture, God's Holy Word.

MEMORY VERSE:

"If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you."

James 1:5

AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and Day 11, Day 12 from the previous week. (4-5 min)
 - Ask students to share an example from their completed challenges.
- Intro Day 13: Identity: Who Am I? (1-2 min)
- Read p.96 – p.99 (10-15 min)
 - Discussion Questions:
 - Have each student answer the 6 questions on p.97. Have students share their answers with the whole class or in small groups or teams.
 - How can we discover who God says we are?
 - Have each student read the 5 verses on p.98 – p.99 out loud and ask what each means to them personally.
- Activities (Optional): (25-30 min)
 - Review Bible Verses and recite Memory Verse. (choral recitation) – K-5
 - A Deeper Dig: You Have Inherited Eternal Life in Heaven Con't... – 3-5
 - Option: Have students or student groups read 1 Peter 1:3-9. Ask them to write a quick, 3-4 sentence description of their "Inheritance." Ask them how they would describe it in their own words. Ask them to describe the "end goal" for their faith.
 - Target Practice. – K-5
 - Option: Have students complete the Target Practice on p.100 – p.101. Ask each question to the students and have them complete each target coloring. Ask students to share their evaluations.
 - Make-Up Monday: Work with students to complete work from the previous weekend.
- Review challenge and HW assignments; distribute Week 3 Take Home Sheet. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.100 – p.101 (Target Practice) with parents/guardians; start the challenge.
- As a family, praise God for His Word and the life that comes from reading the Word.





WEEK OF STUDY SCRIPTURE | DAY 14

THEME:

The second of the 5 themes of Being Challenge Kids - Study Scripture.

BIBLE VERSES:

James 1:5-6

OBJECTIVE:

Students will be able to explain how and why they need to study Scripture, God's Holy Word.

MEMORY VERSE:

"If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you."

James 1:5

AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
 - Ask students which target (from yesterday) they will focus on improving.
- Intro Day 14: The 4 R's. (1-2 min)
- Read p.102 - p.104 (10-15 min)
 - Discussion Questions:
 - Why is any type or version of the Bible valuable?
 - What did God command the Israelites to do with His scriptures?
 - What are the 4 R's for learning scriptures?
- Activities (Optional): (25-30 min)
 - Review and recite the memory verse. (choral recitation) - K-5
 - A Deeper Dig: The Longest Chapter in One Sentence! - 3-5
 - Options: Read Psalm 119 with students. Then have each student sum up the longest chapter in the Bible in one sentence. Encourage students to take notes as you read the Psalm (noticing patterns, repeating words, etc.). Have students share their one sentence summaries with the whole class.
 - How Do You Learn? - K-5
 - Option: Have each student complete the "What's My Personality" questionnaire at www.beingchallenge.com/kidsresources. Discuss how each student has different abilities and giftings, but emphasize that all students can learn God's Holy Word!
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.105 - p.106 with parents/guardians; start the challenge.
- As a family, confess sins, ask for forgiveness, and pray Psalm 119:41 over your lives. .





WEEK OF STUDY SCRIPTURE | DAY 15

THEME:

The second of the 5 themes of Being Challenge Kids - Study Scripture.

BIBLE VERSES:

James 1:5-6

OBJECTIVE:

Students will be able to explain how and why they need to study scripture, God's Holy Word.

MEMORY VERSE:

"If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you."

James 1:5

AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
 - Ask students to share how they felt after writing out their confession.
- Intro Day 15: Make Room For The Bible. (1-2 min)
- Read p.108 – p.111 (students write about what they want to become) (10-15 min)
 - Discussion Questions:
 - Are you more of an organized or spontaneous kid?
 - Why do we need to have the Bible in our lives?
 - Why is the only one who can tell us who we are? Why?
- Activities (Optional): (25-30 min)
 - Review and recite the memory verse. (choral recitation) – K-5
 - A Deeper Dig: Who Is In The Word? – 3-5
 - Option: Have students or student groups read the opening of the Gospel of John, John 1:1-18. Discuss with students all the ways that John references Jesus as "The Word."
 - I Want To Be A Person Who Is...(continued). – K-2
 - Options: Have students complete the short writing assignment on p.110. Then have students share their thoughts with a student partner or with the whole group.
- Review challenges and HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.111 with parents/guardians; start the challenge.
- As a family, thank God for bringing the Word to us in the form of Jesus.





WEEK OF STUDY SCRIPTURE | DAY 16

THEME:

The second of the 5 themes of Being Challenge Kids - Study Scripture.

BIBLE VERSES:

James 1:5-6

OBJECTIVE:

Students will be able to explain how and why they need to study scripture, God's Holy Word.

MEMORY VERSE:

"If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you."

James 1:5

AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
 - Ask students to share what Bible plan they may be starting? Maybe share your own way of studying the Bible as well.
- Intro Day 16: The Unchanging Message. (1-2 min)
- Read p.112 - p.115 (10-15 min)
 - Discussion Questions:
 - Why do some people have trouble understanding the Bible?
 - What brings us faith?
 - What are some examples of how God keeps his promises according to the Bible?
- Activities (Optional): (25-30 min)
 - Review and recite the memory verse. (choral recitation) - K-5
 - A Deeper Dig: Understanding God's Promises. - 3-5
 - Options: Divide students into 5 groups. Assign one "promise" from p.115 to each group. Have each group use the "Bible Reading Guide" bookmark on p.113 as a guide to gather information. Have each group share their findings regarding God's Promises.
 - Bible Reading Guide Practice - K-5
 - Option: Read James 1:1-6. Then have students write their answers to the 4 questions or discuss the 4 questions as a whole group to better understand this week's memory verse.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse. (Test tomorrow!)
- Read challenge on p.115 with parents/guardians; start the challenge.
- Pray as a family and thank God for being faithful to His promises.





WEEK OF STUDY SCRIPTURE | DAY 17

THEME:

The second of the 5 themes of Being Challenge Kids - Study Scripture.

BIBLE VERSES:

James 1:5-6

OBJECTIVE:

Students will be able to explain how and why they need to study scripture, God's Holy Word.

MEMORY VERSE:

"If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you."

James 1:5

AGENDA:

- Opening Prayer. (1-2 min)
- Recite Memory Verse. (5-10 min)
 - Options: Earn a reward separately as an individual or as a group.
 - Reward Ideas: treats, badges, Redvale Passport Book Stamp.
- Introduce Day 17: Know The Truth. (1-2 min)
- Read p.116 – p.119 (5-10 min)
 - Discussion Questions:
 - How does reading the Bible make it easier to hear God's voice?
 - Why is it important to memorize scripture?
- Read Sands of Redvale, pt.4. (5-10 min)
 - p.130 – p.141
- Activities (Optional): (25-30 min)
 - Sands of Redvale Discussion Questions. – 3-5
 - Sands of Redvale Coloring Sheets. – K-2
- Review weekend HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Read challenge on p.119 with parents/guardians; start the challenge.
- Read and complete Day 18: 'God Can Change Your Heart And Mind' with parents/guardians (p.120 – p.123); start the challenge.
- Read and complete Day 19: 'God Speaks Through Scripture" with parents/guardians (p.124 – p.127); start the challenge.
- Complete Sands of Redvale, pt. 4 with parents/guardians (if not completed).
- Pray as a family that God will help you to continue completing challenges and following Him.



WEEK OF PAUSE TO PRAY | DAY 20

THEME:

The third of the 5 themes of Being Challenge Kids - Pause To Pray.

BIBLE VERSES:

Psalm 17:6-9

OBJECTIVE:

Students will be able to explain when, how, and why they need to take time to pray with God.

MEMORY VERSE:

"I call on you, my God, for you will answer me; turn your ear to me and hear my prayer." Psalm 17:6

AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and Day 18, Day 19 from the previous week. (4-5 min)
 - Ask students to share examples from their completed challenges.
- Intro Day 20: A Step In The Right Direction (1-2 min)
- Read p.142 - p.144 (10-15 min)
 - Discussion Questions:
 - How is prayer like a GPS for our lives?
 - What messages is the world sending to us everyday?
 - If we want to head in the right direction, who should we follow?
- Activities (Optional): (25-30 min)
 - Review Bible Verses and recite Memory Verse. (choral recitation) - K-5
 - A Deeper Dig: Peter's Directions. - 3-5
 - Options: Have student or student groups read 1 Peter 2:9-15. Have them describe why we are 'foreigners and exiles' according to verses 9 and 10. Then have the students explain the impact of living "good lives" and why Peter would want us to do these things as followers.
 - Target Practice. - K-5
 - Option: Have students complete the Target Practice on p.145. Ask each question to the students and have them complete each target coloring. Ask students to share their evaluations.
 - Make-Up Monday: Work with students to complete work from the previous weekend.
- Review challenge and HW assignments; distribute Week 4 Take Home Sheet. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.145 (Target Practice) with parents/guardians; start the challenge.
- As a family, praise God for being a GPS for our lives!





WEEK OF PAUSE TO PRAY | DAY 21

THEME:

The third of the 5 themes of Being Challenge Kids - Pause To Pray.

BIBLE VERSES:

Psalm 17:6-9

OBJECTIVE:

Students will be able to explain when, how, and why they need to take time to pray with God.

MEMORY VERSE:

"I call on you, my God, for you will answer me; turn your ear to me and hear my prayer." Psalm 17:6

AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
 - Ask students to share some of their thoughts about their own prayer life.
- Intro Day 21: First Response Or Last Resort. (1-2 min)
- Read p.146 – p.150 (students will draw and write about their typical day) (10-15 min)
 - Discussion Questions:
 - Why is it important to make prayer a habit? How are habits different from random actions?
 - How would you describe Jesus' actions regarding prayer?
 - How can you make prayer a V.I.T. in your life?
- Activities (Optional): (25-30 min)
 - Review and recite the memory verse. (choral recitation) – K-5
 - A Deeper Dig: Jesus' Action When Things Got Crazy! – 3-5
 - Options: Have students read the whole section from Luke 5:12-16. Have students describe what happened after Jesus healed the man with leprosy. Ask them how Jesus responded to the fame, the crowds, and the "craziness?"
 - Prayer And Alone Time – K-5
 - Option: Ask students to share prayer requests and read Luke 5:16. Then have students find spaces in the room (away from each other) so they can have some alone time with God to pray and listen to God.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.150 – p.151 with parents/guardians; start the challenge.
- As a family, confess the times in your life when you didn't go to God first; make a commitment to use prayer as first response.





WEEK OF PAUSE TO PRAY | DAY 22

THEME:

The third of the 5 themes of Being Challenge Kids - Pause To Pray.

BIBLE VERSES:

Psalm 17:6-9

OBJECTIVE:

Students will be able to explain when, how, and why they need to take time to pray with God.

MEMORY VERSE:

"I call on you, my God, for you will answer me; turn your ear to me and hear my prayer." Psalm 17:6

AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
 - Ask students to share about their chosen reminders to pray.
- Intro Day 22: How Should You Pray (1-2 min)
- Read p.152 – p.154 (students complete slogans) (10-15 min)
 - Discussion Questions:
 - How is the Lord's Prayer like an "army shout?"
 - Why is the Lord's Prayer the "model prayer" for us to follow?
 - How can you model your own prayers to be like the Lord's Prayer?
- Activities (Optional): (25-30 min)
 - Review and recite the memory verse. (choral recitation) – K-5
 - Being Challenge Kids Service Project (Why and Who). – K-5
 - Option: Discuss with students what they have learned regarding the importance of being with God on a regular basis. Then ask the students to start thinking about how they could provide opportunities for others at the school to have time to just "be" with God during the day. Develop a plan to carry out a project next week in which the students take on duties or jobs of specific groups of people at the school and provide them time to "be" and pray with God. Have students choose 4 specific groups and list them in a prominent place (janitors/custodians, lunch room attendants, grounds/maintenance, principals/administrators, clerical/secretaries, etc.) Show the Being Challenge Team your ideas by tagging us on social media using #BeingChallengeKids.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.154 – p.155 with parents/guardians; start the challenge.
- Pray the Lord's Prayer together as a family.





WEEK OF PAUSE TO PRAY | DAY 23

THEME:

The third of the 5 themes of Being Challenge Kids - Pause To Pray.

BIBLE VERSES:

Psalm 17:6-9

OBJECTIVE:

Students will be able to explain when, how, and why they need to take time to pray with God.

MEMORY VERSE:

"I call on you, my God, for you will answer me; turn your ear to me and hear my prayer." Psalm 17:6

AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
 - Ask students to share their prayers they created from the previous challenge.
- Intro Day 23: Practice Prayer. (1-2 min)
- Read p.156 – p.159 (10-15 min)
 - Discussion Questions:
 - How many hours of practice does it take to be considered an expert?
 - How can you become better at prayer?
 - Where should your focus be when praying?
- Activities (Optional): (25-30 min)
 - Review and recite the memory verse. (choral recitation) – K-5
 - Being Challenge Kids Service Project (What and How). – K-5
 - Option: Based on yesterday's choices, have students discuss how they could "fill in" for those specific individuals for a 15 – 20 minute time frame (how they will do the jobs of custodians, lunchroom attendants, etc., for the time frame). Continue to develop a plan to carry out a project next week in which the students take on duties or jobs of specific groups of people at the school and provide them time to "be" and pray with God. Work with other teachers and administrators to provide a room or chapel for the chosen groups of people to gather and spend time with God. Develop a calendar to show which group the students will cover each day, Monday – Thursday, in the coming week. Show the Being Challenge Team your ideas by tagging us on social media using #BeingChallengeKids.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse. (Test tomorrow!)
- Read challenge on p.159 with parents/guardians; start the challenge.
- As a family, thank God for his examples of prayers in the Bible. Recite Psalm 23 together.





WEEK OF PAUSE TO PRAY | DAY 24

THEME:

The third of the 5 themes of Being Challenge Kids - Pause To Pray.

BIBLE VERSES:

Psalm 17:6-9

OBJECTIVE:

Students will be able to explain when, how, and why they need to take time to pray with God.

MEMORY VERSE:

"I call on you, my God, for you will answer me; turn your ear to me and hear my prayer." Psalm 17:6

AGENDA:

- Opening Prayer. (1-2 min)
- Recite Memory Verse. (5-10 min)
 - Options: Earn a reward separately as an individual or as a group.
 - Reward Ideas: treats, badges, Redvale Passport Book Stamp.
- Introduce Day 24: Pause For Praise. (1-2 min)
- Read p.160 – p.164 (students draw or write about a present) (5-10 min)
 - Discussion Questions:
 - Why is a prayer of praise so powerful?
 - Why does God want us to praise Him? Who is it for?
 - What are some ways we can praise God?
- Read Sands of Redvale, pt.5. (5-10 min)
 - p.176 – p.187
- Activities (Optional): (25-30 min)
 - Sands of Redvale Discussion Questions. – 3-5
 - Sands of Redvale Coloring Sheets. – K-2
- Review weekend HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Read challenge on p.164 – p.165 with parents/guardians; start the challenge.
- Read and complete Day 25: 'Prayer Changes Things' with parents/guardians (p.166 – p.169); start the challenge.
- Read and complete Day 26: 'Persistent Prayer' with parents/guardians (p.170 – p.173); start the challenge.
- Complete Sands of Redvale, pt. 5 with parents/guardians (if not completed)
- Praise God as a family; thank Him for His greatness, for all that He has done for us, and for how He has saved our lives.





WEEK OF STOP FOR SOLITUDE | DAY 27

THEME:

The fourth of 5 themes of Being Challenge Kids - Stop For Solitude.

BIBLE VERSES:

Psalm 46:10-11

OBJECTIVE:

Students will be able to explain the importance of seeking solitude to talk with and hear from God.

MEMORY VERSE:

"Be still and know that I am God."

Psalm 46:10

AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and Day 25, Day 26 from the previous week. (4-5 min)
 - Ask students to share an example from their completed challenges.
- Intro Day 27: Seek God First. (1-2 min)
- Read p.188 – p.191(students write or draw the “Beginning”) (10-15 min)
 - Discussion Questions:
 - Why did God choose to rest on the 7th day?
 - Does solitude mean completely alone? Who should we be with?
 - How did Jesus often start His day? Why?
- Activities (Optional): (25-30 min)
 - Review Bible Verses and recite Memory Verse. (choral recitation) – K-5
 - Being Challenge Service Project - Day 1 – K-5
 - Carry out Day 1 Service Project Plan to give your first selected group 15 – 20 minutes of “Being” time with God; students cover the duties and jobs of the selected group for the time frame with teacher supervision.
 - Make-Up Monday: Work with students to complete work from the previous weekend.
- Review challenge and HW assignments – distribute Week 5 Take Home Sheet. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.192 (Target Practice) with parents/guardians; start the challenge.
- As a family, praise God for his Creation and for giving us the Sabbath Day.





WEEK OF STOP FOR SOLITUDE | DAY 28

THEME:

The fourth of 5 themes of Being Challenge Kids - Stop For Solitude.

BIBLE VERSES:

Psalm 46:10-11

OBJECTIVE:

Students will be able to explain the importance of seeking solitude to talk with and hear from God.

MEMORY VERSE:

"Be still and know that I am God."

Psalm 46:10

AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
 - Ask students to share how they rated their solitude practices.
- Intro Day 28: Is Being Alone Good For You? (1-2 min)
- Read p.194 – p.197 (10-15 min)
 - Discussion Questions:
 - Did God create us to be alone?
 - Is solitude and being completely alone the same?
 - Why did Jesus practice solitude?
- Activities (Optional): (25-30 min)
 - Review and recite the memory verse. (choral recitation) – K-5
 - Being Challenge Service Project - Day 2 - K-5
 - Carry out Day 2 Service Project Plan to give your second selected group 15 – 20 minutes of "Being" time with God; students cover the duties and jobs of the selected group for the time frame with teacher supervision.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.197 with parents/guardians; start the challenge.
- As a family, pray that God will help you find moments of solitude with Him.





WEEK OF STOP FOR SOLITUDE | DAY 29

THEME:

The fourth of 5 themes of Being Challenge Kids - Stop For Solitude.

BIBLE VERSES:

Psalm 46:10-11

OBJECTIVE:

Students will be able to explain the importance of seeking solitude to talk with and hear from God.

MEMORY VERSE:

"Be still and know that I am God."

Psalm 46:10

AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
 - Ask students to share which time they chose to share with God.
- Intro Day 29: Make Room For God. (1-2 min)
- Read p.198 – p.201 (students will draw their favorite meal) (10-15 min)
 - Discussion Questions:
 - What are some of your distractions that take away time from God?
 - Who can explain the who, where, when, why, and how of solitude?
 - Why is it important to have the “volume down” when listening for God?
- Activities (Optional): (25-30 min)
 - Review and recite the memory verse. (choral recitation) – K-5
 - Being Challenge Service Project - Day 3
 - Carry out Day 3 Service Project Plan to give your third selected group 15 – 20 minutes of “Being” time with God; students cover the duties and jobs of the selected group for the time frame with teacher supervision.
- Review challenges and HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.201 with parents/guardians; start the challenge.
- Pray together as a family that God will help you quiet the distractions in your life.





WEEK OF STOP FOR SOLITUDE | DAY 30

THEME:

The fourth of 5 themes of Being Challenge Kids - Stop For Solitude.

BIBLE VERSES:

Psalm 46:10-11

OBJECTIVE:

Students will be able to explain the importance of seeking solitude to talk with and hear from God.

MEMORY VERSE:

"Be still and know that I am God."

Psalm 46:10

AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
 - Ask students how they did finding solitude for a full minute.
- Intro Day 30: Weapons Of Mass Distraction. (1-2 min)
- Read p.202 - 205 (10-15 min)
 - Discussion Questions:
 - How much time do you spend on screens each day? Week? Year?
 - How can screens be like idols in our lives?
 - Does spending time in solitude make us perfect? Who do we still need?
- Activities (Optional): (25-30 min)
 - Review and recite the memory verse. (choral recitation) - K-5
 - Being Challenge Service Project - Day 4
 - Carry out Day 4 Service Project Plan to give your fourth selected group 15 - 20 minutes of "Being" time with God; students cover the duties and jobs of the selected group for the time frame with teacher supervision.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse. (Test tomorrow!)
- Read challenge on p.205 with parents/guardians; start the challenge.
- Pray as a family and thank God for providing us with inventive minds.





WEEK OF STOP FOR SOLITUDE | DAY 31

THEME:

The fourth of 5 themes of Being Challenge Kids - Stop For Solitude.

BIBLE VERSES:

Psalm 46:10-11

OBJECTIVE:

Students will be able to explain the importance of seeking solitude to talk with and hear from God.

MEMORY VERSE:

"Be still and know that I am God."

Psalm 46:10

AGENDA:

- Opening Prayer. (1-2 min)
- Recite Memory Verse. (5-10 min)
 - Options: Earn a reward separately as an individual or as a group.
 - Reward Ideas: treats, badges, Redvale Passport Book Stamp.
- Introduce Day 31: Stay Connected To Jesus. (1-2 min)
- Read p.206 - p.209 (5-10 min)
 - Discussion Questions:
 - What are the first four themes of Being with God?
 - How is our connection with God like a vineyard of grapes?
 - What are the Fruits of the Spirit and how do we develop them?
- Read Sands of Redvale, pt.6. (5-10 min)
 - p.222 - p.233
- Activities (Optional): (25-30 min)
 - Sands of Redvale Discussion Questions. - 3-5
 - Sands of Redvale Coloring Sheets. - K-2
- Review weekend HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Read challenge on p.209 with parents/guardians; start the challenge.
- Read and complete Day 32: 'Whispers Of God' with parents/guardians (p.210 - p.215); start the challenge.
- Read and complete Day 33: 'Fill Your Mind With God' with parents/guardians (p.216 - p.219); start the challenge.
- Complete Sands of Redvale, pt.6 with parents/guardians (if not completed)
- Pray as a family that God will bring forth the Fruits of the Spirit in your life.





WEEK OF CHOOSE CHURCH | DAY 34

THEME:

The last of 5 themes of Being Challenge Kids - Choose Church.

BIBLE VERSES:

Hebrews 10:23-25

OBJECTIVE:

Students will be able to explain the importance of being involved in and serving a church.

MEMORY VERSE:

"And let us consider how we may spur one another on toward love and good deeds..." Hebrews 10:24

AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and Day 32, Day 33 from the previous week. (4-5 min)
 - Ask students to share examples from their completed challenges.
- Intro Day 34: Small Steps And Giant Leaps. (1-2 min)
- Read p.234 – p.236 (10-15 min)
 - Discussion Questions:
 - What impact will choosing church regularly have on your faith?
 - What were people in the early church doing according to Acts?
 - Why should we choose church knowing that God chose us first?
- Activities (Optional): (25-30 min)
 - Review Bible Verses and recite Memory Verse. (choral recitation) – K-5
 - A Deeper Dive: The Early Church Continued... – 3-5
 - Options: Review the first snapshot of the early church presented in Acts 2:42-47. Then have students read Acts 4:32-35. Have students make a list of characteristics and actions of the early church members. Ask them which characteristic they want to carry on at their church.
 - Target Practice. – K-5
 - Option: Have students complete the Target Practice on p.237. Ask each question to the students and have them complete each target coloring. Ask students to share their evaluations.
 - Make-Up Monday: Work with students to complete work from the previous weekend.
- Review challenge and HW assignments; distribute Week 6 Take Home Sheet. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.237 (Target Practice) with parents/guardians; start the challenge.
- As a family, praise God for providing churches where we can grow our faith.





WEEK OF CHOOSE CHURCH | DAY 35

THEME:

The last of 5 themes of Being Challenge Kids - Choose Church.

BIBLE VERSES:

Hebrews 10:23-25

OBJECTIVE:

Students will be able to explain the importance of being involved in and serving a church.

MEMORY VERSE:

"And let us consider how we may spur one another on toward love and good deeds..." Hebrews 10:24

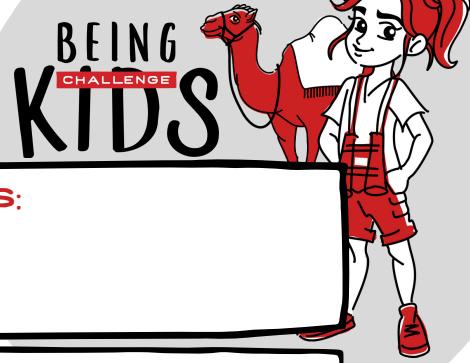
AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
 - Ask students to share how involved they are at their church.
- Intro Day 35: Magnify Jesus. (1-2 min)
- Read p.238 - p.240 (10-15 min)
 - Discussion Questions:
 - What does it mean to "magnify" the Lord?
 - How can we magnify God in our lives?
 - Why do other people push us to go to church?
- Activities (Optional): (25-30 min)
 - Review and recite the memory verse. (choral recitation) - K-5
 - A Deeper Dig: Mary and Elizabeth Revisited. - 3-5
 - Option: Have students or student groups read Luke 1:39-49. Have them discuss what Elizabeth said to Mary and why it would have driven her to "magnify" God and sing her song of glorification. Ask them to explain how going to church provides the same opportunities for us.
 - Church Has An Impact! - K-5
 - Option: Have students return to p.217 - p.218 in the book. Have them make a new list in reference to Philippians 4:8 (like the one on p.218), but this time they will write answers according to this prompt: IN YOUR CHURCH, WHAT IS... (true, noble, etc.)? Ask them to explain how attending church helps them keep their minds on things above (Colossians 3:2).
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.241 with parents/guardians; start the challenge.
- As a family, confess to God the times when you skipped church or did not keep your mind on "things above." Ask for His forgiveness.





WEEK OF CHOOSE CHURCH | DAY 36

THEME:

The last of 5 themes of Being Challenge Kids - Choose Church.

BIBLE VERSES:

Hebrews 10:23-25

OBJECTIVE:

Students will be able to explain the importance of being involved in and serving a church.

MEMORY VERSE:

"And let us consider how we may spur one another on toward love and good deeds..." Hebrews 10:24

AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
 - Ask students to share some ways they can still choose church even when they cannot attend.
- Intro Day 36: The Church Isn't Perfect, But God Still Loves It. (1-2 min)
- Read p.242 - p.245 (10-15 min)
 - Discussion Questions:
 - Why did Jesus clear the temple in Jerusalem?
 - What is the true heart of the church?
 - How should "church squabbles" and issues between believers be handled according to Jesus?
- Activities (Optional): (25-30 min)
 - Review and recite the memory verse. (choral recitation) - K-5
 - A Deeper Dig: Jesus Used Scripture To Support His Actions - 3-5
 - Option: Have students reread Mark 11:15-18. Have them focus on Jesus' statement in v.17. Divide the class into two groups. Have one group read Isaiah 56:1-8. Have the other group read Jeremiah 7:1-11. Ask each group to share their findings and ask them why Jesus would have made reference to these Old Testament prophecies in front of the people and the priests at the temple (the Old Testament church).
 - Challenge Completion Fun! - K-5
 - Option: As a class, complete the challenge on p.245. Have students discuss options for improving their church and how to make it more friendly. List the ideas and suggestions on a whiteboard or poster board. Possibly present the ideas to the children's pastor or other church leaders.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.245 with parents/guardians; start the challenge.
- Pray together as a family that God will help you love your church.





WEEK OF CHOOSE CHURCH | DAY 37

THEME:

The last of 5 themes of Being Challenge Kids - Choose Church.

BIBLE VERSES:

Hebrews 10:23-25

OBJECTIVE:

Students will be able to explain the importance of being involved in and serving a church.

MEMORY VERSE:

"And let us consider how we may spur one another on toward love and good deeds..." Hebrews 10:24

AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
 - Ask students to share what they love about their church.
- Intro Day 37: Beating The Odds. (1-2 min)
- Read p.246 - p.249 (10-15 min)
 - Discussion Questions:
 - Why was Jonathan so confident as a soldier?
 - How can we be like Jonathan and inspire others in their faith?
 - What happens when we choose church (and, truly, Jesus!)?
- Activities (Optional): (25-30 min)
 - Review and recite the memory verse. (choral recitation) - K-5
 - A Deeper Dig: Challenge Completion Fun! - 3-5
 - Option: Have students or student groups complete the challenge by reading through 1 Samuel 13 – 14. Have them make a summary of the battle and how Jonathan depended on God for his delivery and Israel's victory. Ask them what God may be inviting them to be a part of and how they can be a more faithful follower of God.
 - Trust Fall Activity - K-5
 - Option: conduct the traditional trust fall game with the class (for younger grades, have an extra teacher or teacher aid assist in catching students as they fall backward from a standing position). Explain how we are inspired by and depend on other Christians in our churches as we live out our story of faith.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Review and recite the memory verse. (Test tomorrow!)
- Read challenge on p.249 with parents/guardians; start the challenge.
- As a family, thank God for His church that is full of other faith-filled believers.





WEEK OF CHOOSE CHURCH | DAY 38

THEME:

The last of 5 themes of Being Challenge Kids - Choose Church.

BIBLE VERSES:

Hebrews 10:23-25

OBJECTIVE:

Students will be able to explain the importance of being involved in and serving a church.

MEMORY VERSE:

"And let us consider how we may spur one another on toward love and good deeds..." Hebrews 10:24

AGENDA:

- Opening Prayer. (1-2 min)
- Recite Memory Verse. (5-10 min)
 - Options: Earn a reward separately as an individual or as a group.
 - Reward Ideas: treats, badges, Redvale Passport Book Stamp.
- Intro Day 38: Discover Your Gift. (1-2 min)
- Read p.250 - p.251 (5-10 min)
 - Discussion Questions:
 - Do we all have the same gifts? Why are we blessed with different gifts?
 - Read 1 Corinthians 12:12-28 with the students.
 - What gifts are you blessed with?
 - Have students complete the challenge on p.251 - p.255 and discuss the results in small groups or as a class
- Read Sands of Redvale, pt.7. (5-10 min)
 - p.268 - p.279
- Activities (Optional): (25-30 min)
 - Sands of Redvale Discussion Questions. - 3-5
 - Sands of Redvale Coloring Sheets. - K-2
- Review weekend HW Assignments. (1-2 min)
- Closing Prayer. (1-2min)

HOMEWORK:

- Read and complete Day 39: 'Use Your Gift' with parents/guardians (p.256 - p.259); start the challenge.
- Read and complete Day 40: 'Be A Good Newsiel' with parents/guardians (p.260 - p.263); start the challenge.
- Complete Sands of Redvale, pt.7 with parents/guardians (if not completed)
- Pray as a family that you will continue to BE WITH GOD everyday!





CELEBRATION DAY!

THEME:

BEING with God.

BIBLE VERSES:

Psalm 16:8-10

OBJECTIVE:

Recognize and celebrate the accomplishments of students, parents/guardians, school faculty/staff, and, most importantly, Jesus!

MEMORY VERSE:

"I keep my eyes always on the Lord. With Him at my right hand, I will not be shaken."
Psalm 16:8

AGENDA:

- Opening Prayer
- Review HW and Day 39, Day 40 from the previous week. (4-5 min)
 - Ask students to share examples from their completed challenges.
- Intro "Now What" Day
- Read p.264 - p.267
 - Discussion Question:
 - What is your one "Jesus Habit" that you will make your main goal?
- Celebration Options:
 - Celebrate on Sunday if doing BC with an associated church.
 - Host an BC Graduation Ceremony to celebrate accomplishments.
 - Host a Field Day celebration with "challenges" for students. (ie. bounce houses, races, obstacle courses, field day events like tug of war, etc.)
 - Host a drive-through car wash or other fundraiser put on by students; donate funds to a charity, a church, a missions project, or another school-based project.
 - Conduct a student-led food drive, clothing drive, or another initiative to give back to the local community.
 - Other school-based celebrations of BC Kids accomplishments.
- Closing Prayer. (1-2min)

NOTES:

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CHALLENGE

KIDS TAKE HOME SHEET : BEING CHALLENGE KIDS

WEEK 1: INTRODUCTION

Theme: Introducing the 5 Themes of Being Challenge Kids

- 1) Forming Friendships
- 2) Studying Scripture
- 3) Pause for Prayer
- 4) Stop for Solitude
- 5) Choose Church

MEMORY VERSE

“Walk with me and work with me – watch how I do it. Learn the unforced rhythms of grace.”
Matthew 11:29 (MSG)

BIBLE VERSE

“Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.” Matthew 7:24-27

BIG IDEAS

- Habits are the things we do without thinking in our life.
- Jesus practiced the following habits in His life to BE with God: community, scripture, prayer, solitude, and church.
- Habits help us become better followers of Jesus.



#BEINGCHALLENGEKIDS

BEING KIDS

CHALLENGE

DEAR PARENTS

We are excited to introduce your child(ren) to the 5 themes of *Being Challenge Kids*. For the next five Sundays we will be sending your child home with a CHALLENGE to complete throughout the week. Each challenge will be a way your child can be putting into practice the theme they are learning that week: form friendships, study scripture, pause for prayer, stop for solitude, and choose church.

We are never too young to begin new habits. In fact, those habits that we start as kids are the ones that stick with us the longest!

If we want to follow Jesus as disciples, we need to start by looking at the habits of Jesus in the 4 gospels: and these were 5 of the main things Jesus was observed doing. We would love to see these challenges done with you as a parent, or even better yet, as a whole family! Snap us a pic or send us a message letting us know what you did and how it went! We love hearing from you! Tag us on social media using [#BeingChallenge](#), [#RedLetterChallenge](#) or [#BeingChallengeKids](#).



#BEINGCHALLENGEKIDS

BEING KIDS

CHALLENGE

#BEINGKIDS FRIENDSHIPS

MEMORY VERSE

Walk with the wise and become wise, for a companion of fools suffers harm. Proverbs 13:20

BIBLE VERSE

¹⁷ One day Jesus was teaching, and Pharisees and teachers of the law were sitting there. They had come from every village of Galilee and from Judea and Jerusalem. And the power of the Lord was with Jesus to heal the sick. ¹⁸ Some men came carrying a paralyzed man on a mat and tried to take him into the house to lay him before Jesus. ¹⁹ When they could not find a way to do this because of the crowd, they went up on the roof and lowered him on his mat through the tiles into the middle of the crowd, right in front of Jesus.

²⁰ When Jesus saw their faith, he said, "Friend, your sins are forgiven."

²¹ The Pharisees and the teachers of the law began thinking to themselves, "Who is this fellow who speaks blasphemy? Who can forgive sins but God alone?"

²² Jesus knew what they were thinking and asked, "Why are you thinking these things in your hearts? ²³ Which is easier: to say, 'Your sins are forgiven,' or to say, 'Get up and walk'? ²⁴ But I want you to know that the Son of Man has authority on earth to forgive sins." So he said to the paralyzed man, "I tell you, get up, take your mat and go home." ²⁵ Immediately he stood up in front of them, took what he had been lying on and went home praising God. ²⁶ Everyone was amazed and gave praise to God. They were filled with awe and said, "We have seen remarkable things today." Luke 5:17-26

MAIN IDEAS

- We can't do discipleship alone.
- Friends have a powerful influence on the habits we have.
- Jesus found friends/people to work and live alongside him.



#BEINGCHALLENGEKIDS

BEING KIDS

CHALLENGE

DEAR PARENTS:

Today we learned that who we hang out with does matter to our habits! As followers of Jesus, we need friends who will help us in our goal of being disciples. Our friend Red learned that a new friend he was hanging out with was not helping him make good choices. God wants us to be kind to everyone, but we need to make sure that our community is following Jesus. Jesus chose us first to be in His community when He died and rose again.

CHALLENGE

Commit as a family to attend one additional event with other church members outside of Sunday mornings this week, or this month. It could be a one-time weekend volunteer event at a local charity or even joining a small group. Living life with other Christians is a vital part in our walk as disciples.



#BEINGCHALLENGEKIDS



KIDS TAKE HOME SHEET : BEING CHALLENGE KIDS

WEEK 3: STUDY SCRIPTURE

MEMORY VERSE

If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you. James 1:5 (NIV)

BIBLE VERSE

⁴¹ Every year Jesus' parents went to Jerusalem for the Festival of the Passover. ⁴² When he was twelve years old, they went up to the festival, according to the custom. ⁴³ After the festival was over, while his parents were returning home, the boy Jesus stayed behind in Jerusalem, but they were unaware of it. ⁴⁴ Thinking he was in their company, they traveled on for a day. Then they began looking for him among their relatives and friends. ⁴⁵ When they did not find him, they went back to Jerusalem to look for him. ⁴⁶ After three days they found him in the temple courts, sitting among the teachers, listening to them and asking them questions. ⁴⁷ Everyone who heard him was amazed at his understanding and his answers. ⁴⁸ When his parents saw him, they were astonished. His mother said to him, "Son, why have you treated us like this? Your father and I have been anxiously searching for you." ⁴⁹ "Why were you searching for me?" he asked. "Didn't you know I had to be in my Father's house?" ⁵⁰ But they did not understand what he was saying to them. ⁵¹ Then he went down to Nazareth with them and was obedient to them. But his mother treasured all these things in her heart. ⁵² And Jesus grew in wisdom and stature, and in favor with God and man. Luke 2:41-52 (NIV)

MAIN IDEAS

- Finding out where you come from helps you know why you are who you are.
- Jesus studied scripture and grew in wisdom, and so can we!
- Jesus knew His identity: He knew that God was His Father and he was obedient to His earthly parents.



#BEINGCHALLENGEKIDS

BEING CHALLENGE KIDS

DEAR PARENTS.

Today we looked at our family tree, we talked about who we are and where we came from. We learned that studying scripture can help us learn our own identity, or who we are.

CHALLENGE:

Read John chapter 6 in the New Testament as a family. If you need a Bible, please download YouVersion's Bible App on your device. The first two parts are miracles Jesus did. Fill those out below:

1) _____

2) _____



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KIDS TAKE HOME SHEET : BEING CHALLENGE KIDS

WEEK 4: PAUSE FOR PRAYER

MEMORY VERSE

I call on you, my God, for you will answer me; turn your ear to me and hear my prayer. Psalm 17:6 (NIV)

BIBLE VERSE

Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven. Therefore, confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

Matthew 6:9-13 (NIV)

MAIN IDEAS

- Communication in our relationship with God is important
- Prayer takes practice and is not natural. It is something we have to learn.
- Jesus' disciples learned a new way to pray



#BEINGCHALLENGEKIDS

BEING CHALLENGE KIDS

DEAR PARENTS,

We had fun trying out different prayers as well as learning about all the different times and places Jesus prayed. Praying isn't just something we do before bedtime or mealtime; prayer is something God asks us to do all the time!

CHALLENGE:

Pray the Lord's Prayer as a family out loud this week. It's OK if you don't have it memorized, use the printout below for reference. If prayer is a daily habit for you, challenge your kids to say their own personal prayer: not something memorized. Do something NEW!

*Our Father who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom
and the power and the glory
forever and ever. Amen*



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BEING CHALLENGE KIDS

KIDS TAKE HOME SHEET : BEING CHALLENGE KIDS WEEK 5: STOP FOR SOLITUDE

MEMORY VERSE

Be still and know that I am God. Psalm 46:10

BIBLE VERSES

In repentance and rest is your salvation, in quietness and trust is your strength. Isaiah 30:15

Find rest, O my soul, in God alone. Psalm 62:5

"A time to be silent and a time to speak." Ecclesiastes 3:7

The Lord is my shepherd; I shall not be in want. He makes me lie down in green pastures, he leads me beside quiet waters, he restores my soul. Psalm 23:1-3

MAIN IDEAS

- Jesus made time to be alone at different times and places.
- Solitude helped Jesus do all that he needed to do.
- We can practice spending with God when we are alone.



#BEINGCHALLENGEKIDS

BEING CHALLENGE KIDS

DEAR PARENTS,

This is the most challenging habit of Jesus. Solitude is anything but natural and takes some explaining. We got to practice some different types of “quiet and still” actives today. Jesus practiced solitude all the time in the Bible. It is important that we know even when we are not around people, we are never alone. Jesus is always with us and is always talking with us. He will direct our paths when we need wisdom.

CHALLENGE:

Practice some solitude this week. This can be a very simple exercise: 30 seconds to 5 minutes is all it takes, depending on the age and ability of your child.

As a family, relax in a calm room. Put on some Christian meditation music. Set a timer and see if you can go a minute! If you do it again, double your time. Try to work up to 5 minutes. This is also a great activity to do before bedtime.



#BEINGCHALLENGEKIDS

BEING CHALLENGE KIDS

KIDS TAKE HOME SHEET : BEING CHALLENGE KIDS

WEEK 6: CHOOSE CHURCH

MEMORY VERSE

And let us consider how we may spur one another on toward love and good deeds.
Hebrews 10:24

BIBLE VERSE

The eye cannot say to the hand, “I don’t need you!” And the head cannot say to the feet, “I don’t need you!” On the contrary, those parts of the body that seem to be weaker are indispensable, and the parts that we think are less honorable we treat with special honor. And the parts that are unpresentable are treated with special modesty, while our presentable parts need no special treatment. But God has put the body together, giving greater honor to the parts that lacked it, so that there should be no division in the body, but that its parts should have equal concern for each other. If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it. 1Corinthians 12:21-26

MAIN IDEAS:

- Jesus attended the synagogue, which was the Jewish version of church, since he was a baby.
- Jesus wants the church to always be about the story of Jesus’s saving grace.
- To have a solid, growing relationship with God you need the church.
- We need church because we need to be reminded of Jesus’s good news when we are surrounded with bad news.



#BEINGCHALLENGEKIDS

BEING CHALLENGE KIDS

DEAR PARENTS,

Church is the place where kids can grow and learn. We want to habit of belonging to a community that gathers to honor and praise God! Church may look different, but when they all lift Jesus as Savior, we are joined together as one BIG church!

CHALLENGE:

There are many different kinds of people and many different kinds of churches. Use the rectangle below to draw a picture of your church below, then write JESUS underneath it. The church is built on Jesus. Now draw some people inside your church. Every single person in your church is important and has a job to do. Take some time this week praying for your church and praying for all those people inside of it!



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