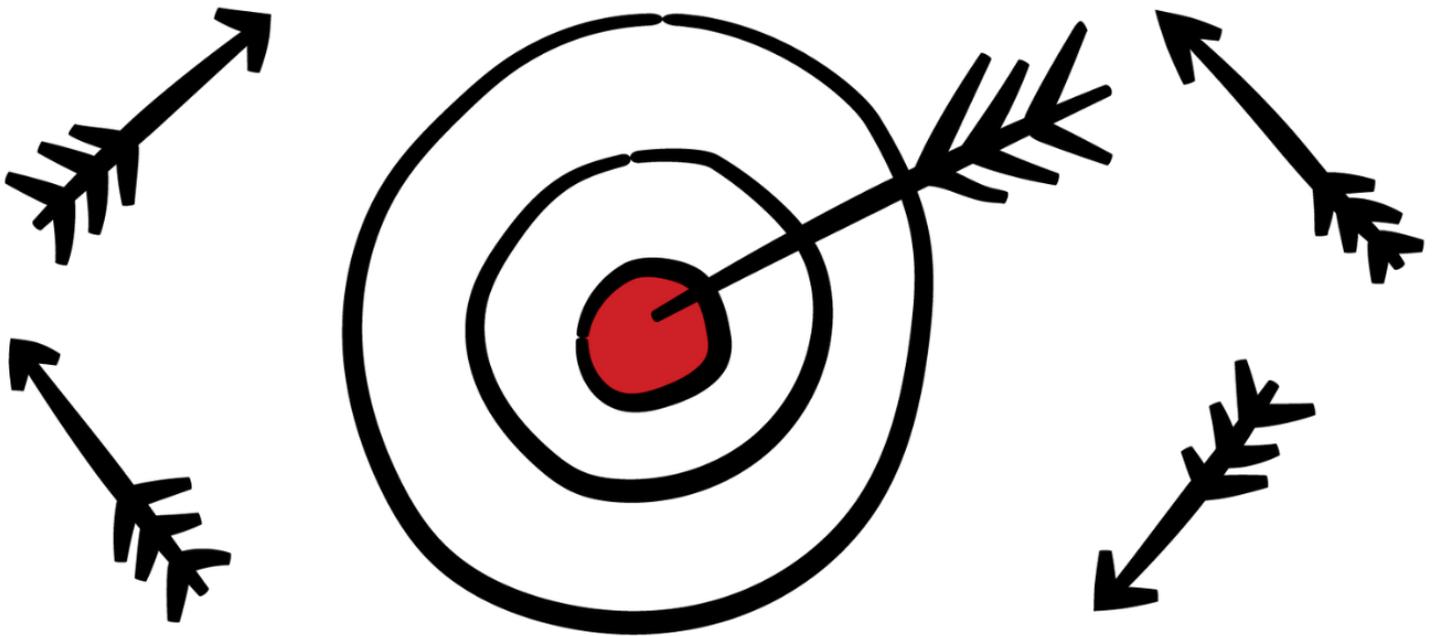


FROM RED LETTER CHALLENGE

# BEING

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CHALLENGE



DAILY SCHOOL-BASED CURRICULUM

A 40-DAY CHALLENGE TO BE LIKE JESUS

ZACH ZEHNDER

# SCHOOL LEADERS + TEACHER LETTER

BEING  
CHALLENGE

## HELLO SCHOOL PRINCIPALS, DEANS, + TEACHERS:

We are so excited to begin the Being Challenge (BC) journey with you.

First, we want to say thank you for being willing to teach your students about the importance of a meaningful relationship with our Lord and Savior, Jesus Christ. Leading children to the Savior so they can develop life-giving, keystone habits centered around being with God is truly a divine calling.

**What is the BC book?** The book is the foundation of our 40-day adventure together during which we will find and develop a relationship with God through daily readings, activities, and challenges. Implementation of the BC book and challenge process will last over 40 days starting with 5 days of introduction, or Warm-Up, in which the 5 keystone habits of Being Challenge are presented:

- Commit to Community
- Study Scripture
- Prioritize Prayer
- Seek Solitude
- Choose Church

The following five weeks dive into each keystone habit, digging deeper into the Being journey and how we can challenge ourselves to allow Jesus to lead us daily and show us His true purpose for our lives.

**What is the Being Challenge Middle/High School-Based Curriculum?** It is a day-by-day guide to implementing this 40-day discipleship experience into a Bible class or classroom. It offers a variety of enhancements to the book such as:

- Easy day-by-day lesson plans to follow
- A flexible study that can fit different settings such as a Bible study, classroom, or Confirmation Class
- Completely customizable lessons to fit a specific class, time frame, and style
- Activities, projects, and discussion questions related to the text
- FREE videos, links, and tests offered on our website
- A detailed plan to encourage family involvement and parent connection through a personalized Commitment Letter and family-based activities.

**I am a teacher, how do I use these lessons?** We encourage facilitators to begin with the agenda items each day and then add in the provided optional activities for enrichment if time allows. These lessons are written to fit your needs:

- Follow our plans as presented for easy and quick prep beforehand or
- Make them your own by adding, changing, or mixing and matching for your optimal needs.

**How long will this take?** The goal is to complete the book in 40 days! In order to accomplish this, students will have homework in the form of challenges during the week as well as bonus readings and activities to complete on Saturday and Sunday. There are options for the kids to choose every day. These are not intended to be a burden, but something they can look forward to accomplishing every day!

**I have a book, where do I start?** We recommend that you take the time to familiarize yourself with the BC book, specifically reviewing the introduction on pages 6-21. The RLL website also has ample information and resources to make this curriculum as easy and user-friendly as possible.

We pray that not only your school, but your entire community will be energized through this 40-day Challenge. It is our goal to continue to provide simple, challenging and practical resources that are always squarely aimed at Jesus! Let's commit to going ALL IN for our young people's future!

*"Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourself fully to the work of the Lord, because you know that your labor in the Lord is not in vain."* 1 Corinthians 15:58

Get ready for an exciting discipleship adventure. Let's do this!

**The Red Letter Living Team**

**PS - For a super powerful and unifying discipleship experience, if you have an affiliated church, we encourage you to launch a schoolwide and churchwide Challenge together!**



# ADDITIONAL RESOURCES

BEING  
CHALLENGE

## BC SCHOOL-BASED CURRICULUM RESOURCES:

- **BC Book Information:**

<https://redletterchallenge.com/40-day-challenges/being-challenge/>

- **BC School Leader/Teacher Letter** (previous page)
- **BC Student/Parent Commitment Letter** (following pages)
- **BC 40-Day Calendar** (following pages)
- **More “Free Resources” for BC** (can be used in conjunction with an affiliated church or for additional activity ideas for the school classroom):

<https://redletterchallenge.com/free-resources/being-challenge-resources/>

- **BC Weekly Small Group Videos** Weekly Videos (Teacher discretion as to the day of the week to view in class)
- **BC Weekly Small Group Discussion Guides**
- **BC Graphics Package**

## RLC Social Media:

 <http://facebook.com/redletterchallenge>

 <https://www.instagram.com/redletterchallenge/>

 <https://www.youtube.com/c/RedLetterLiving>

## Have Questions or need help?

- Contact and Support: <https://redletterchallenge.com/contact-and-support/>
- Email: [hello@redletterchallenge.com](mailto:hello@redletterchallenge.com)



# 40-DAY COMMITMENT LETTER

**BEING**  
**CHALLENGE**

## HELLO STUDENTS AND PARENTS/GUARDIANS,

As a community of believers in Christ, we have a deep desire to instill in every student an understanding of the importance of being with God and how to make it a daily keystone habit. This year, one way we are accomplishing this goal is by incorporating a new 40-Day Bible Study called Being Challenge (BC) into our regular curriculum. This highly engaging book will require a team effort from teachers, students, and parents/guardians. There will be fun, daily readings and challenging action steps to complete that are all scripture-based and focused on being with God.

Spending time with God and being with Him throughout our daily lives is truly about building a strong relationship with Him. With that in mind, we can think of no better way than to partner with the "Master of Relationship" Himself - Jesus Christ! We are so excited about the spiritual growth and purpose that will be developed as a result of walking with Jesus and understanding how He provides for us. It's all about Jesus and the life he brings! As He stated in Matthew 11:29, "Walk with me and work with me - watch how I do it. Learn the unforced rhythms of grace."

Please partner with us in this 40-Day Challenge. Sign and return this form as a signal of your commitment to this process. Please keep the included calendar for your planning purposes.

I, \_\_\_\_\_ (student's name), commit to reading the daily readings and completing *Being Challenge*.

\_\_\_\_\_ (student's signature)

I, \_\_\_\_\_ (parent/guardian's name), commit to helping my student read the daily readings and assist them in completing *Being Challenge*.

\_\_\_\_\_ (parent/guardian's signature)

**Yes, I can purchase the BC book for \$\_\_\_\_\_.**

**Yes, I can purchase the BC book for another student who needs assistance.**

**No, we cannot afford the BC book. We would like financial support.**



# 40-DAY COMMITMENT LETTER

**BEING**  
**CHALLENGE**

## HELLO STUDENTS AND PARENTS/GUARDIANS,

As a community of believers in Christ, we have a deep desire to instill in every student an understanding of the importance of being with God and how to make it a daily keystone habit. This year, one way we are accomplishing this goal is by incorporating a new 40-Day Bible Study called Being Challenge (BC) into our regular curriculum. This highly engaging book will require a team effort from teachers, students, and parents/guardians. There will be fun, daily readings and challenging action steps to complete that are all scripture-based and focused on being with God.

Spending time with God and being with Him throughout our daily lives is truly about building a strong relationship with Him. With that in mind, we can think of no better way than to partner with the "Master of Relationship" Himself - Jesus Christ! We are so excited about the spiritual growth and purpose that will be developed as a result of walking with Jesus and understanding how He provides for us. It's all about Jesus and the life he brings! As He stated in Matthew 11:29, "Walk with me and work with me - watch how I do it. Learn the unforced rhythms of grace."

Please partner with us in this 40-Day Challenge. Sign and return this form as a signal of your commitment to this process. Please keep the included calendar for your planning purposes.

## STATEMENT OF 40-DAY COMMITMENT:

I, \_\_\_\_\_ (student's name), commit to reading the daily readings and completing *Being Challenge*.

\_\_\_\_\_ (student's signature)

I, \_\_\_\_\_ (parent/guardian's name), commit to helping my student read the daily readings and assist them in accepting and completing *Being Challenge*.

\_\_\_\_\_ (parent/guardian's signature)



# 40-DAY SCHOOL CALENDAR

# BEING CHALLENGE

## LET'S DO THIS!

We are so excited to begin the *Being Challenge* (BC) journey with you. The goal is to complete the book in 40 days! In order to accomplish this, students will have homework in the form of challenges during the week, as well as bonus readings and activities to complete on Saturday and Sunday. Let's commit to going ALL-IN for our student's future, so we can all become greater followers of Jesus!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<small>ONLY FOR SCHOOLS PARTNERING WITH ASSOCIATED CHURCH</small> <b>*LAUNCH SUNDAY</b>	<b>WEEK OF WARM-UP</b>  <b>INTRO DAY</b>	<small>EVERYONE BEGINS READING DAY 1</small> <b>DAY 1</b>	<b>DAY 2</b>	<b>DAY 3</b>	<b>DAY 4</b>	<b>DAY 5</b>
<small>AT THIS POINT, STUDENTS WILL BE ONE DAY BEHIND IF PARTNERING WITH ASSOCIATED CHURCH</small>	<b>COMMIT TO COMMUNITY WEEK</b>  <b>*DAY 6</b>	<b>DAY 7</b>	<b>DAY 8</b>	<b>DAY 9</b>	<b>DAY 10</b>	<b>DAY 11</b>
<b>DAY 12</b>	<b>STUDY SCRIPTURE WEEK</b>  <b>DAY 13</b>	<b>DAY 14</b>	<b>DAY 15</b>	<b>DAY 16</b>	<b>DAY 17</b>	<b>DAY 18</b>
<b>DAY 19</b>	<b>PRIORITIZE PRAYER WEEK</b>  <b>DAY 20</b>	<b>DAY 21</b>	<b>DAY 22</b>	<b>DAY 23</b>	<b>DAY 24</b>	<b>DAY 25</b>
<b>DAY 26</b>	<b>SEEK SOLITUDE WEEK</b>  <b>DAY 27</b>	<b>DAY 28</b>	<b>DAY 29</b>	<b>DAY 30</b>	<b>DAY 31</b>	<b>DAY 32</b>
<b>DAY 33</b>	<b>CHOOSE CHURCH WEEK</b>  <b>DAY 34</b>	<b>DAY 35</b>	<b>DAY 36</b>	<b>DAY 37</b>	<b>DAY 38</b>	<b>DAY 39</b>
<b>DAY 40</b>	<small>*WRAP-UP/ CELEBRATION DAY</small>  <small>*OPTIONAL</small>					

## NOTES:



# WEEK OF WARM-UP | INTRODUCTION DAY

**BEING**  
**CHALLENGE**

## THEME:

Introducing the 5 Keystone Habits of Being Challenge - Commit to Community, Study Scripture, Prioritize Prayer, Seek Solitude, and Choose Church.

## BIBLE VERSES:

Matthew 11:28-29 (MSG)

## OBJECTIVE:

Students will be able to explain the importance of being with Jesus and define the 5 Keystone Habits of Being Challenge.

## MEMORY VERSE:

"Walk with me and work with me - watch how I do it. Learn the unforced rhythms of grace." Matthew 11:29 (MSG)

## AGENDA:

- Opening Prayer (1-2 min)
- Introduce Being Challenge (BC) book (10-12 min)
  - Distribute BC book and Student/Parent Commitment Letters; request return
  - Review BC book structure, the challenges, the 5 main themes of Being
    - Read p.6 - p.31.
      - Discussion: What are Keystone Habits? Why are they so important to our daily lives?
    - Review 5 Keystone Habits (p.15)
- Activities (Optional): (25-30 min)
  - [BC Week 1 Small Group Video](#)
  - Have students review the "Group Promise" on the [Week 1 Small Group Discussion Guide](#); have students make a pledge of commitment.
- Review homework (HW) assignments and Commitment Letter (2-3 min)
- Closing Prayer (1-2 min)

## HOMEWORK:

- Review Student/Parent Commitment Letter and get parent/guardian signatures.
- Review the 5 Keystone Habits (p.15).
- Praise God for the opportunity to be with Him everyday!



# WEEK OF WARM-UP | DAY 1

# BEING CHALLENGE



## THEME:

Introducing the 5 Keystone Habits of Being Challenge - Commit to Community, Study Scripture, Prioritize Prayer, Seek Solitude, and Choose Church.

## BIBLE VERSES:

Matthew 11:28-29 (MSG)

## OBJECTIVE:

Students will be able to explain the importance of being with Jesus and define the 5 Keystone Habits of Being Challenge.

## MEMORY VERSE:

"Walk with me and work with me - watch how I do it. Learn the unforced rhythms of grace." Matthew 11:29 (MSG)

## AGENDA:

- Opening Prayer. (1-2 min)
- Collect Commitment Letters. (1-2 min)
- Review the 5 Keystone Habits. (5 min)
- Introduce Day 1: Commit To Community. (1-2 min)
- Read p.32 - p.35. (10-15 min)
  - Discussion Questions:
    - Who were the 12 disciples? How would you describe them?
    - Why was Jesus so committed to His community?
    - Is your community following Jesus?
- Activities (Optional): (25-30 min)
  - Review Bible Verses and recite Memory Verse (choral recitation).
  - [BC Week 1 Small Group Video](#)
  - A Deeper Dig: The 12 - Who were the 12 disciples?
    - Option: have students or student groups research each of the 12 disciples using the 4 Gospels or a web source (Bibleinfo.com); have groups share their findings about each of the 12 disciples.
- Review HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

## HOMEWORK:

- Review Memory Verse.
- Thank God for being our best friend and showing us all what true friendship is really about.



# WEEK OF WARM-UP | DAY 2

# BEING CHALLENGE

## THEME:

Introducing the 5 Keystone Habits of Being Challenge - Commit to Community, Study Scripture, Prioritize Prayer, Seek Solitude, and Choose Church.

## BIBLE VERSES:

Matthew 11:28-29 (MSG)

## OBJECTIVE:

Students will be able to explain the importance of being with Jesus and define the 5 Keystone Habits of Being Challenge.

## MEMORY VERSE:

"Walk with me and work with me - watch how I do it. Learn the unforced rhythms of grace." Matthew 11:29 (MSG)

## AGENDA:

- Opening Prayer. (1-2 min)
- Introduce Day 2: Study Scripture. (1-2 min)
- Read p.36 - p.39. (10-15 min)
  - Discussion Questions:
    - What will reading Scripture do for you?
    - How often did Jesus reference Scripture when he spoke?
    - What was the last thing Jesus did on earth?
    - What 2 things does Scripture show us?
- Activities (Optional): (25-30 min)
  - Review and recite Memory Verse (choral recitation).
  - [BC Week 1 Small Group Video](#)
  - A Deeper Dig: What were they waiting for?
    - Option: Reread Luke 24:48-49; ask students to research what the disciples were waiting on by having them read Acts 2. Ask the students to share their findings and ask them how the disciples acted as witnesses for Jesus on the Day of Pentecost.
- Review HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

## HOMEWORK:

- Review and recite the memory verse.
- Confess sins, ask for forgiveness, and seek to forgive others as God forgives us according to the Scriptures.



# WEEK OF WARM-UP | DAY 3

# BEING CHALLENGE

## THEME:

Introducing the 5 Keystone Habits of Being Challenge - Commit to Community, Study Scripture, Prioritize Prayer, Seek Solitude, and Choose Church.

## BIBLE VERSES:

Matthew 11:28-29 (MSG)

## OBJECTIVE:

Students will be able to explain the importance of being with Jesus and define the 5 Keystone Habits of Being Challenge.

## MEMORY VERSE:

"Walk with me and work with me - watch how I do it. Learn the unforced rhythms of grace." Matthew 11:29 (MSG)

## AGENDA:

- Opening Prayer. (1-2 min)
- Introduce Day 3: Prioritize Prayer. (1-2 min)
- Read p.40 - p.43. (10-15 min)
  - Discussion Questions:
    - In what ways did Jesus pray?
    - When do you pause to pray? Where are you when you pray?
    - How did Jesus teach the disciples to pray?
    - Is prayer a priority in your life?
- Activities (Optional): (25-30 min)
  - Review and recite Memory Verse (choral recitation).
  - [BC Week 1 Small Group Video](#)
  - A Deeper Dig: Jesus' teaching on prayer.
    - Option: Have students or student groups read Matthew 6:5-15. Ask students or student groups to make a list of "do's and don'ts" from Jesus' teaching on prayer. Have them share their lists with the class.
- Review HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

## HOMEWORK:

- Review and recite the memory verse (Test tomorrow!).
- Pray that God will show you opportunities to pray throughout this 40 day challenge.



# WEEK OF WARM-UP | DAY 4

# BEING CHALLENGE

## THEME:

Introducing the 5 Keystone Habits of Being Challenge - Commit to Community, Study Scripture, Prioritize Prayer, Seek Solitude, and Choose Church.

## BIBLE VERSES:

Matthew 11:28-29 (MSG)

## OBJECTIVE:

Students will be able to explain the importance of being with Jesus and define the 5 Keystone Habits of Being Challenge.

## MEMORY VERSE:

"Walk with me and work with me - watch how I do it. Learn the unforced rhythms of grace." Matthew 11:29 (MSG)

## AGENDA:

- Opening Prayer. (1-2 min)
- Recite Memory Verse (5-10 min)
  - Options: each student separately to earn a reward or as a group to earn a reward
  - Reward Ideas: grades, extra credit opportunity, etc.
- Introduce Day 4: Seek Solitude. (1-2 min)
- Read p.44 - p.47. (5-10 min)
  - Discussion Questions:
    - What things in your busy life get in the way of being with God?
    - When do you stop and take time to be alone with God?
    - Why should we make solitude with God a keystone habit?
  - Introduce and Review Day 5 for weekend reading.
- Activities (Optional): (25-30 min)
  - [BC Week 1 Small Group Video](#)
  - Fun Friday:
    - Trash Can Target Practice - gather five trash cans (or buckets) and label each one with one of the 5 Keystone Habits. Have students write their name on five sheets of paper, then write one Habit on each piece, and then wad them into balls (have students track which ball is which Habit). Read a short description of each Habit to the students (without using the target's name). Next, students choose which ball (which Habit) to use and then shoot it at that specific trash can. Repeat for each target. Count points made after five rounds; points must be the correct ball (target) in the right trash can.
- Review HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

## HOMEWORK:

- Read and complete Day 5: Choose Church (p.48 - p.51).
- Review the 5 Keystone Habits of Being Challenge.
- Pray that God will open your heart to being with Him more and more.



# WEEK OF COMMIT TO COMMUNITY | DAY 6

## BEING CHALLENGE

### THEME:

Theme: The first of the 5 Keystone Habits of Being Challenge - Commit To Community.

### BIBLE VERSES:

Proverbs 13:20-21

### OBJECTIVE:

Students will be able to explain the importance of relationships and how Jesus connected with a community to accomplish His purposes.

### MEMORY VERSE:

"Walk with the wise and become wise, for a companion of fools suffers harm."  
Proverbs 13:20

\* IF CHURCH IS DOING BC W/ SCHOOL, STUDENTS WILL NOW BE ONE DAY BEHIND IN CHALLENGES

### AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and 5 Keystone Habits from the previous week. (4-5 min)
  - Ask students which warmup was their favorite and why.
- Introduce Day 6: Wired For Relationship. (1-2 min)
- Read p.54 - p.58 (10-15 min)
  - Discussion Questions:
    - Why are we drawn towards relationships?
    - Who are your 3? Your 12? Why?
    - Who are your 72? Your 500? Why?
- Activities (Optional): (25-30 min)
  - Review Bible Verses and recite memory verses. (choral recitation)
  - [BC Week 2 Small Group Video](#)
  - A Deeper Dig: The 3 and the Transfiguration.
    - Option: Have students or student groups read Mark 9:2-10. Have students or student groups discuss why Jesus wanted The 3 to experience the Transfiguration. Ask why God spoke to The 3 directly.
  - Make-Up Monday: Work with students to complete work from the previous week.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

### HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.59; start the challenge.
- Praise God for providing His son, Jesus, to be our closest friend.



# WEEK OF COMMIT TO COMMUNITY | DAY 7

**BEING**  
**CHALLENGE**

## THEME:

The first of the 5 Keystone Habits of Being Challenge - Commit To Community.

## BIBLE VERSES:

Proverbs 13:20-21

## OBJECTIVE:

Students will be able to explain the importance of relationships and how Jesus connected with a community to accomplish His purposes.

## MEMORY VERSE:

"Walk with the wise and become wise, for a companion of fools suffers harm."  
Proverbs 13:20

## AGENDA:

- Opening Prayer (1-2 min)
- Review HW and challenge from the previous day (4-5 min)
  - Ask students to share who is in their "3" from yesterday's activity.
- Introduce Day 7: The Power Of Christian Community. (1-2 min)
- Read p.60 - p.62 (10-15 min)
  - Discussion Questions:
    - How is the Christian community like the Aspen trees?
    - How can we all be the greatest representative of Jesus?
    - What is the biggest problem that gets in the way?
- Activities (Optional): (25-30 min)
  - Review and recite the memory verse. (choral recitation)
  - [BC Week 2 Small Group Video](#)
  - A Deeper Dig: The Power of Friends.
    - Option: Have students or student groups read Ecclesiastes 4:9-12. Have them create and share a list of reasons why "two are better than one" according to Solomon. Have them determine which verse is the most compelling reason to invest in friends.
  - Team Work Makes the Dream Work, Pt. 1
    - Option: Have students build a tower out of spaghetti and marshmallows. Each student will work on their own tower within a time limit (5-15 minutes depending on available time). Measure each free standing tower and determine which tower is tallest.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

## HOMework:

- Review and recite the memory verse.
- Read challenge on p.63; start the challenge.
- PRAY using the A-C-T-S acronym or the Lord's Prayer.
  - A-C-T-S: Adoration, Confession, Thanksgiving, Supplication



# WEEK OF COMMIT TO COMMUNITY | DAY 8

**BEING**  
**CHALLENGE**

## THEME:

The first of the 5 Keystone Habits of Being Challenge - Commit To Community.

## BIBLE VERSES:

Proverbs 13:20-21

## OBJECTIVE:

Students will be able to explain the importance of relationships and how Jesus connected with a community to accomplish His purposes.

## MEMORY VERSE:

"Walk with the wise and become wise, for a companion of fools suffers harm."  
Proverbs 13:20

## AGENDA:

- Opening Prayer (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
  - Ask students to share any learnings from their contacts.
- Introduce Day 8: Community Influences You. (1-2 min)
- Read p.64 - p.68 (10-15 min)
  - Discussion Questions:
    - Why is your present community the best predictor of your future?
    - Why is it so hard to make progress without a supportive community?
    - How can our friends impact our spiritual walk with Jesus?
- Activities (Optional): (25-30 min)
  - Review and recite the memory verse. (choral recitation)
  - [BC Week 2 Small Group Video](#)
  - A Deeper Dig: A Corroborated Account.
    - Option: Divide students into 3 groups; assign each group one account of the paralyzed man being healed (Matt. 9:1-8, Mark 2:1-12, Luke 5:17-26). Have student groups summarize each account and discuss similarities and differences. Discuss with students how lawyers in a courtroom corroborate eye witness accounts not by their "exactness," but more so by their "similarities" through different viewpoints. Ask students how this story is corroborated by the three Gospel accounts.
  - Teamwork Makes the Dream Work, Pt. 2
    - Option: Have students build a spaghetti and marshmallow tower, but, this time, have them work in teams of three or four. Use the same time limit as before but allow them to provide extra support to the towers using their hands, backpacks, books, or other items team members may have on hand. Measure the towers once again and determine the tallest tower. Ask the students why this activity was easier and more productive now the second time around?
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

## HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.69; start the challenge.
- Worship God; thank him for the good friends in your life.



# WEEK OF COMMIT TO COMMUNITY | DAY 9

**BEING**  
**CHALLENGE**

## THEME:

The first of the 5 Keystone Habits of Being Challenge - Commit To Community.

## BIBLE VERSES:

Proverbs 13:20-21

## OBJECTIVE:

Students will be able to explain the importance of relationships and how Jesus connected with a community to accomplish His purposes.

## MEMORY VERSE:

“Walk with the wise and become wise, for a companion of fools suffers harm.”  
Proverbs 13:20

## AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
  - Ask students to share any individuals that they feel can push them forward.
- Introduce Day 9: Community Helps You Find Purpose. (1-2 min)
- Read p.70 - p.74 (10-15 min)
  - Discussion Questions:
    - What has God told us in regards to our purpose?
    - How can you pull community and purpose together?
    - How can your future job help others/your community?
- Activities (Optional): (25-30 min)
  - Review and recite the memory verse. (choral recitation)
  - [BC Week 2 Small Group Video](#)
  - A Deeper Dig: Using Our Gifts To Support Our Community.
    - Option: Have students or student groups read 1 Peter 4:7-11. Have students discuss how we should help each other with our giftings and our love.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

## HOMework:

- Review and recite the memory verse. (Test tomorrow!)
- Read challenge on p.75 with parents/guardians; start the challenge.
- Thank God for giving us gifts to bless others and spread His Word.



# WEEK OF COMMIT TO COMMUNITY | DAY 10

**BEING**  
**CHALLENGE**

## THEME:

The first of the 5 Keystone Habits of Being Challenge - Commit To Community.

## BIBLE VERSES:

Proverbs 13:20-21

## OBJECTIVE:

Students will be able to explain the importance of relationships and how Jesus connected with a community to accomplish His purposes.

## MEMORY VERSE:

"Walk with the wise and become wise, for a companion of fools suffers harm."  
Proverbs 13:20

## AGENDA:

- Opening Prayer. (1-2 min)
- Recite Memory Verse. (5-10 min)
  - Options: each student separately to earn a reward or as a group to earn a reward.
  - Reward Ideas: grades, extra credit opportunity, etc.
- Intro Day 10: Community In A Digital World. (1-2 min)
- Read p.76 - p.78 (5-10 min)
  - Discussion Questions:
    - What does the author of Hebrews say about the importance of meeting with others?
    - How did Jesus show us that relationships are worth it, even if they are messy?
  - Introduce and Review Day 11 and Day 12 for weekend reading
- Activities (Optional): (25-30 min)
  - [BC Week 2 Small Group Video](#)
  - Fun Friday:
    - Let's Get Together! - have students write down 3 facts about themselves, 2 goals they have for their lives, and 1 fun or exciting experience they've had recently. Have students cycle around from partner to partner and share their "lives" with each other. No screens or phones allowed!
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

## HOMEWORK:

- Read challenge on p.79; start the challenge.
- Read and complete Day 11: The Sneaky Enemy Of Individualism (p.80 - p.85); start the challenge.
- Read and complete Day 12: Commit To One (p.86 - p.91); start the challenge.
- Pray that God will help you see opportunities to build friendships that will last a lifetime.



# WEEK OF STUDY SCRIPTURE | DAY 13

## BEING CHALLENGE

### THEME:

The second of the 5 Keystone Habits of Being Challenge - Study Scripture.

### BIBLE VERSES:

James 1:5-6

### OBJECTIVE:

Students will be able to explain how and why they need to study scriptures, God's Holy Word.

### MEMORY VERSE:

"If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you." James 1:5

### AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and Day 11, Day 12 from the previous week. (4-5 min)
  - Ask students to share an example from their completed challenges.
- Intro Day 13: Finding Identity In Scripture? (1-2 min)
- Read p.94 - p.98 (10-15 min)
  - Discussion Questions:
    - How would you describe Jesus' focus on His purpose?
    - How can we discover who God says we are?
    - Have each student read the 8 verses on p.95 - p.98 out loud and ask what each means to them personally.
- Activities (Optional): (25-30 min)
  - Review Bible Verses and recite Memory Verse. (choral recitation)
  - [BC Week 3 Small Group Video](#)
  - A Deeper Dig: You Have Inherited Eternal Life in Heaven Con't...
    - Option: Have students or student groups read 1 Peter 1:3-9. Ask them to write a quick, 3-4 sentence description of their "Inheritance." Ask them how they would describe it in their own words. Ask them to describe the "end goal" for their faith.
  - Target Practice.
    - Option: Have students complete the Target Practice on p.99. Ask each question to the students and have them complete each target. Ask students to share their evaluations.
  - Make-Up Monday: Work with students to complete work from the previous week.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

### HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.99 (Target Practice); start the challenge.
- Praise God for His Word and the life that comes from reading the Word.



# WEEK OF STUDY SCRIPTURE | DAY 14

**BEING**  
**CHALLENGE**

## THEME:

The second of the 5 Keystone Habits of Being Challenge - Study Scripture.

## BIBLE VERSES:

James 1:5-6

## OBJECTIVE:

Students will be able to explain how and why they need to study scriptures, God's Holy Word.

## MEMORY VERSE:

"If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you." James 1:5

## AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
  - Ask students which target (from yesterday) they will focus on improving.
- Intro Day 14: The Four R's Of Studying Scripture. (1-2 min)
- Read p.100 - p.104 (10-15 min)
  - Discussion Questions:
    - What are the 4 R's for learning scriptures?
    - Why is it important to have a plan for reading the Bible?
    - How can researching scripture change its application?
    - How does memorizing scripture "internalize" God's truth in our hearts?
- Activities (Optional): (25-30 min)
  - Review and recite the memory verse. (choral recitation)
  - [BC Week 3 Small Group Video](#)
  - A Deeper Dig: The Longest Chapter in One Sentence!
    - Options: Read Psalm 119 with students. Then have each student sum up the longest chapter in the Bible in one sentence. Encourage students to take notes as you read the Psalm (noticing patterns, repeating words, etc.). Have students share their one sentence summaries with the whole class.
  - How Do You Learn?
    - Option: Have each student complete the "What's My Personality" questionnaire at [www.beingchallenge.com/kidsresources](http://www.beingchallenge.com/kidsresources). Discuss how each student has different abilities and giftings, but emphasize that all students can learn God's Holy Word!
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

## HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.105 with parents/guardians; start the challenge.
- Confess your sins, ask for forgiveness, and pray Psalm 119:41 over your life.



# WEEK OF STUDY SCRIPTURE | DAY 15

**BEING**  
**CHALLENGE**

## THEME:

The second of the 5 Keystone Habits of Being Challenge - Study Scripture.

## BIBLE VERSES:

James 1:5-6

## OBJECTIVE:

Students will be able to explain how and why they need to study scriptures, God's Holy Word.

## MEMORY VERSE:

"If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you." James 1:5

## AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
  - Ask students to share which of the Four R's is easiest for them.
- Intro Day 15: Knowing Who You Are Influences The Way You Live. (1-2 min)
- Read p.106 - p.110 (10-15 min)
  - Discussion Questions:
    - Why do we need to have the Bible and its scriptures in our lives?
    - How have your habits shaped your identity? How has your identity shaped your habits?
    - Why is God the only one who can tell us who we are? Why?
    - How do we develop our faith?
- Activities (Optional): (25-30 min)
  - Review and recite the memory verse. (choral recitation)
  - [BC Week 3 Small Group Video](#)
  - A Deeper Dig: Who Is In The Word?
    - Option: Have students or student groups read the opening of the Gospel of John, John 1:1-18. Discuss with students all the ways that John references Jesus as "The Word."
- Review challenges and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

## HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.111; start the challenge.
- Thank God for bringing the Word to us in the form of Jesus.



# WEEK OF STUDY SCRIPTURE | DAY 16

**BEING**  
**CHALLENGE**

## THEME:

The second of the 5 Keystone Habits of Being Challenge - Study Scripture.

## BIBLE VERSES:

James 1:5-6

## OBJECTIVE:

Students will be able to explain how and why they need to study scriptures, God's Holy Word.

## MEMORY VERSE:

"If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you." James 1:5

## AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
  - Ask students to share what Bible plan they may be starting? Maybe share your own way of studying the Bible as well.
- Intro Day 16: Not A Blind Faith. (1-2 min)
- Read p.112 - p.116 (10-15 min)
  - Discussion Questions:
    - Why do some people have trouble understanding the Bible?
    - What brings us faith?
    - How does faith impact our belief in the Bible?
- Activities (Optional): (25-30 min)
  - Review and recite the memory verse. (choral recitation)
  - [BC Week 3 Small Group Video](#)
  - A Deeper Dig: Resurrection Research.
    - Options: Read the verses from Acts with students. Have them answer the 4 questions on p.117. Have their students share answers and discuss their thoughts about the Resurrection.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

## HOMEWORK:

- Review and recite the memory verse. (Test tomorrow!)
- Read challenge on p.117; start the challenge.
- Thank God for opening your mind to understand scriptures.



# WEEK OF STUDY SCRIPTURE | DAY 17

**BEING**  
**CHALLENGE**

## THEME:

The second of the 5 Keystone Habits of Being Challenge - Study Scripture.

## BIBLE VERSES:

James 1:5-6

## OBJECTIVE:

Students will be able to explain how and why they need to study scriptures, God's Holy Word.

## MEMORY VERSE:

"If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you." James 1:5

## AGENDA:

- Opening Prayer. (1-2 min)
- Recite Memory Verse. (5-10 min)
  - Options: each student separately to earn a reward or as a group to earn a reward.
  - Reward Ideas: grades, extra credit opportunity, etc.
- Introduce Day 17: Know The Truth. (1-2 min)
- Read p.118 - p.122 (5-10 min)
  - Discussion Questions:
    - How does reading the Bible make it easier to hear God's voice?
    - How can you test someone's teachings?
- Activities (Optional): (25-30 min)
  - [BC Week 3 Small Group Video](#)
  - Fun Friday:
    - Memorize Your Favorite Verse In Many Ways - have students write down their favorite verse on a sheet of paper. Then, using either the Bible app or other versions of Bibles available, have students "translate" their favorite verse into several different versions (MSG, NIV, etc.). Then have students practice saying their different versions to partners around the room in order to memorize the different versions.
- Review weekend HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

## HOMEWORK:

- Read challenge on p.123; start the challenge.
- Read and complete Day 18: 'You Are What You Eat' (p.124 - p.129); start the challenge.
- Read and complete Day 19: 'God Is Speaking Through The Scriptures' (p.130 - p.135); start the challenge.
- Pray that God will help you to continue completing challenges and following Him.



# WEEK OF PRIORITIZE PRAYER | DAY 20

## BEING CHALLENGE

### THEME:

The third of the 5 themes of Being Challenge - Prioritize Prayer.

### BIBLE VERSES:

Psalm 17:6-9

### OBJECTIVE:

Students will be able to explain when, how, and why they need to take time to pray with God.

### MEMORY VERSE:

"I call on you, my God, for you will answer me; turn your ear to me and hear my prayer." Psalm 17:6

### AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and Day 18, Day 19 from the previous week. (4-5 min)
  - Ask students to share examples from their completed challenges.
- Intro Day 20: Where Do I Go? (1-2 min)
- Read p.138 - p.142 (10-15 min)
  - Discussion Questions:
    - How is prayer like a GPS for our lives?
    - What messages is the world sending to us everyday?
    - If we want to head in the right direction, who should we follow?
- Activities (Optional): (25-30 min)
  - Review Bible Verses and recite Memory Verse. (choral recitation)
  - [BC Week 4 Small Group Video](#)
  - A Deeper Dig: Peter's Directions.
    - Options: Have student or student groups read 1 Peter 2:9-15. Have them describe why we are "foreigners and exiles" according to verses 9 and 10. Then have the students explain the impact of living "good lives" and why Peter would want us to do these things as followers.
  - Target Practice.
    - Option: Have students complete the Target Practice on p.99. Ask each question to the students and have them complete each target. Ask students to share their evaluations.
  - Make-Up Monday: Work with students to complete work from the previous weekend.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

### HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.143 (Target Practice); start the challenge.
- Praise God for being a GPS for our lives!



# WEEK OF PRIORITIZE PRAYER | DAY 21

**BEING**  
**CHALLENGE**

## THEME:

The third of the 5 themes of Being Challenge - Prioritize Prayer.

## BIBLE VERSES:

Psalm 17:6-9

## OBJECTIVE:

Students will be able to explain when, how, and why they need to take time to pray with God.

## MEMORY VERSE:

"I call on you, my God, for you will answer me; turn your ear to me and hear my prayer." Psalm 17:6

## AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
  - Ask students to share some areas of growth for their prayer life.
- Intro Day 21: First Response Or Last Resort? (1-2 min)
- Read p.144 - p.148 (10-15 min)
  - Discussion Questions:
    - Why is it important to make prayer a habit? How are habits different from random actions?
    - How would you describe Jesus' actions regarding prayer?
    - How can you make prayer a real priority in your life?
- Activities (Optional): (25-30 min)
  - Review and recite the memory verse. (choral recitation)
  - [BC Week 4 Small Group Video](#)
  - A Deeper Dig: Jesus' Action When Things Got "Crazy!"
    - Options: Have students read the whole section from Luke 5:12-16. Have students describe what happened after Jesus healed the man with leprosy. Ask them how Jesus responded to the fame, the crowds, and the "craziness" of life.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

## HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.149; start the challenge.
- Pray and confess the times in your life when you didn't go to God first; make a commitment to use prayer as first response.



# WEEK OF PRIORITIZE PRAYER | DAY 22

## BEING CHALLENGE

### THEME:

The third of the 5 themes of Being Challenge - Prioritize Prayer.

### BIBLE VERSES:

Psalm 17:6-9

### OBJECTIVE:

Students will be able to explain when, how, and why they need to take time to pray with God.

### MEMORY VERSE:

"I call on you, my God, for you will answer me; turn your ear to me and hear my prayer." Psalm 17:6

### AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
  - Ask students to share about their chosen reminders to pray.
- Intro Day 22: How Should You Pray (1-2 min)
- Read p.150 - p.154 (10-15 min)
  - Discussion Questions:
    - Why is the Lord's Prayer the "model prayer" for us to follow?
    - How can you model your own prayers to be like the Lord's Prayer?
    - How should the Lord's Prayer inspire us?
- Activities (Optional): (25-30 min)
  - Review and recite the memory verse. (choral recitation)
  - [BC Week 4 Small Group Video](#)
  - Being Challenge Service Project (Why and Who).
    - Option: Discuss with students what they have learned regarding the importance of being with God on a regular basis. Then ask the students to start thinking about how they could provide opportunities for others at the school to have time to just "be" with God during the day. Develop a plan to carry out a project next week in which the students take on duties or jobs of specific groups of people at the school and provide them time to "be" and pray with God. Have students choose 5 specific groups and list them in a prominent place (janitors/custodians, lunch room attendants, grounds/maintenance, principals/administrators, clerical/secretaries, etc.) Show the Being Challenge Team your ideas by tagging us on social media using #BeingChallenge.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

### HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.155; start the challenge.
- Pray the Lord's Prayer and practice modeling your own prayer after the Lord's Prayer.



# WEEK OF PRIORITIZE PRAYER | DAY 23

## BEING CHALLENGE

### THEME:

The third of the 5 themes of Being Challenge - Prioritize Prayer.

### BIBLE VERSES:

Psalm 17:6-9

### OBJECTIVE:

Students will be able to explain when, how, and why they need to take time to pray with God.

### MEMORY VERSE:

"I call on you, my God, for you will answer me; turn your ear to me and hear my prayer." Psalm 17:6

### AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
  - Ask students to share their prayers they created from the previous challenge.
- Intro Day 23: Prayer Reps. (1-2 min)
- Read p.156 - p.159 (10-15 min)
  - Discussion Questions:
    - What is the main point of prayer?
    - How many hours of practice does it take to be considered an expert?
    - How can you become better at prayer? (review ACTS acronym)
- Activities (Optional): (25-30 min)
  - Review and recite the memory verse. (choral recitation)
  - [BC Week 4 Small Group Video](#)
  - Being Challenge Kids Service Project (What and How).
    - Option: Based on yesterday's choices, have students discuss how they could "fill in" for those specific individuals for a 15 - 20 minute time frame (how they will do the jobs of custodians, lunchroom attendants, etc., for the time frame). Continue to develop a plan to carry out a project next week in which the students take on duties or jobs of specific groups of people at the school and provide them time to "be" and pray with God. Work with other teachers and administrators to provide a room or chapel for the chosen groups of people to gather and spend time with God. Develop a calendar to show which group the students will cover each day, Monday - Friday, in the coming week. Show the Being Challenge Team your ideas by tagging us on social media using #BeingChallenge.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

### HOMEWORK:

- Review and recite the memory verse. (Test tomorrow!)
- Read challenge on p.160 - p.161; start the challenge.
- Thank God for his examples of prayers in the Bible. Recite Psalm 23 as a prayer.



# WEEK OF PRIORITIZE PRAYER | DAY 24

## BEING CHALLENGE

### THEME:

The third of the 5 themes of Being Challenge - Prioritize Prayer.

### BIBLE VERSES:

Psalm 17:6-9

### OBJECTIVE:

Students will be able to explain when, how, and why they need to take time to pray with God.

### MEMORY VERSE:

"I call on you, my God, for you will answer me; turn your ear to me and hear my prayer." Psalm 17:6

### AGENDA:

- Opening Prayer. (1-2 min)
- Recite Memory Verse. (5-10 min)
  - Options: each student separately to earn a reward or as a group to earn a reward.
  - Reward Ideas: grades, extra credit opportunity, etc.
- Introduce Day 24: Praise God! (1-2 min)
- Read p.162 - p.166 (5-10 min)
  - Discussion Questions:
    - What is the connection between praise and enjoyment?
    - Why is a prayer of praise so powerful?
    - Why does God want us to praise Him? Who is it for?
    - What are some ways we can praise God?
- Activities (Optional): (25-30 min)
  - [BC Week 4 Small Group Video](#)
  - Fun Friday:
    - Name Study - have students or student groups complete the challenge on p.167. Provide the students or student groups with poster board and have them create posters that celebrate the praiseworthy names and characteristics of God. Hang the poster around the room and/or school as reminders of God's greatness.
- Review weekend HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

### HOMEWORK:

- Read challenge on p.167; start the challenge.
- Read and complete Day 25: 'Prayer Changes Things' (p.168 - p.171); start the challenge.
- Read and complete Day 26: 'The Power Of Persistency In Prayer' (p.172 - p.177); start the challenge.
- Praise God; thank Him for His greatness, for all that He has done for us, and for how He has saved our lives.



# WEEK OF SEEK SOLITUDE | DAY 27

## BEING CHALLENGE

### THEME:

The fourth of 5 themes of Being Challenge  
- Seek Solitude.

### BIBLE VERSES:

Psalm 46:10-11

### OBJECTIVE:

Students will be able to explain the importance of seeking solitude to talk with and hear from God.

### MEMORY VERSE:

"Be still and know that I am God."  
Psalm 46:10

### AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and Day 25, Day 26 from the previous week. (4-5 min)
  - Ask students to share an example from their completed challenges.
- Intro Day 27: Seek God First. (1-2 min)
- Read p.180 - p.184 (10-15 min)
  - Discussion Questions:
    - Why did God choose to rest on the 7th day? What did Adam do "before going to work?"
    - How was the original Jewish work week different from ours today?
    - Does solitude mean completely alone? Who should we be with?
    - How did Jesus often start His day? Why?
- Activities (Optional): (25-30 min)
  - Review Bible Verses and recite Memory Verse. (choral recitation)
  - [BC Week 5 Small Group Video](#)
  - Being Challenge Service Project - Day 1
    - Carry out Day 1 Service Project Plan to give your first selected group 15 - 20 minutes of "Being" time with God; students cover the duties and jobs of the selected group for the time frame with teacher supervision.
  - Make-Up Monday: Work with students to complete work from the previous weekend.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

### HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.185 (Target Practice); start the challenge.
- Praise God for his Creation and for giving us the Sabbath Day.



# WEEK OF SEEK SOLITUDE | DAY 28

## BEING CHALLENGE



### THEME:

The fourth of 5 themes of Being Challenge  
- Seek Solitude.

### BIBLE VERSES:

Psalm 46:10-11

### OBJECTIVE:

Students will be able to explain the importance of seeking solitude to talk with and hear from God.

### MEMORY VERSE:

“Be still and know that I am God.”  
Psalm 46:10

### AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
  - Ask students to share how they rated their solitude practices.
- Intro Day 28: Is Being Alone Good? (1-2 min)
- Read p.186 - p.190 (10-15 min)
  - Discussion Questions:
    - Did God create us to be alone?
    - Is solitude and being completely alone the same?
    - Why did Jesus practice solitude?
    - How does solitude reveal our true heart?
- Activities (Optional): (25-30 min)
  - Review and recite the memory verse. (choral recitation)
  - [BC Week 5 Small Group Video](#)
  - Being Challenge Service Project - Day 2
    - Carry out Day 2 Service Project Plan to give your second selected group 15 - 20 minutes of “Being” time with God; students cover the duties and jobs of the selected group for the time frame with teacher supervision.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

### HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.191; start the challenge.
- Pray that God will help you find moments of solitude with Him.



# WEEK OF SEEK SOLITUDE | DAY 29

## BEING CHALLENGE

### THEME:

The fourth of 5 themes of Being Challenge  
- Seek Solitude.

### BIBLE VERSES:

Psalm 46:10-11

### OBJECTIVE:

Students will be able to explain the importance of seeking solitude to talk with and hear from God.

### MEMORY VERSE:

"Be still and know that I am God."  
Psalm 46:10

### AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
  - Ask students to share what came to their mind while they thought about God during the previous challenge.
- Intro Day 29: Any Room Left For God? (1-2 min)
- Read p.192 - p.196 (10-15 min)
  - Discussion Questions:
    - What are some of your distractions that take away time from God?
    - Who can explain the who, where, when, why, and how of solitude?
    - Why is it important to "focus" when listening for God?
- Activities (Optional): (25-30 min)
  - Review and recite the memory verse. (choral recitation)
  - [BC Week 5 Small Group Video](#)
  - Being Challenge Service Project - Day 3
    - Carry out Day 3 Service Project Plan to give your third selected group 15 - 20 minutes of "Being" time with God; students cover the duties and jobs of the selected group for the time frame with teacher supervision.
- Review challenges and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

### HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.197; start the challenge.
- Pray that God will help you quiet the distractions in your life.



# WEEK OF SEEK SOLITUDE | DAY 30

## BEING CHALLENGE



### THEME:

The fourth of 5 themes of Being Challenge  
- Seek Solitude.

### BIBLE VERSES:

Psalm 46:10-11

### OBJECTIVE:

Students will be able to explain the importance of seeking solitude to talk with and hear from God.

### MEMORY VERSE:

"Be still and know that I am God."  
Psalm 46:10

### AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
  - Ask students which things in their lives may be distractions and to share their reasons.
- Intro Day 30: Solitude's Weapons Of Mass Distraction. (1-2 min)
- Read p.198 - p.202 (10-15 min)
  - Discussion Questions:
    - How much time do you spend on screens each day? Week? Year?
    - How can smartphones be a "terrific servant or a terrible master?"
    - Does spending time in solitude make us perfect? Who do we still need?
- Activities (Optional): (25-30 min)
  - Review and recite the memory verse. (choral recitation)
  - [BC Week 5 Small Group Video](#)
  - Being Challenge Service Project - Day 4
    - Carry out Day 4 Service Project Plan to give your fourth selected group 15 - 20 minutes of "Being" time with God; students cover the duties and jobs of the selected group for the time frame with teacher supervision.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

### HOMEWORK:

- Review and recite the memory verse. (Test tomorrow!)
- Read challenge on p.203; start the challenge.
- Pray and thank God for providing us with inventive minds.



# WEEK OF SEEK SOLITUDE | DAY 31

## BEING CHALLENGE

### THEME:

The fourth of 5 themes of Being Challenge  
- Seek Solitude.

### BIBLE VERSES:

Psalm 46:10-11

### OBJECTIVE:

Students will be able to explain the importance of seeking solitude to talk with and hear from God.

### MEMORY VERSE:

"Be still and know that I am God."  
Psalm 46:10

### AGENDA:

- Opening Prayer. (1-2 min)
- Recite Memory Verse. (5-10 min)
  - Options: each student separately to earn a reward or as a group to earn a reward.
  - Reward Ideas: grades, extra credit opportunity, etc.
- Introduce Day 31: Focus Is The New Superpower Of the 2020's. (1-2 min)
- Read p.204 - p.208 (5-10 min)
  - Discussion Questions:
    - What are the first four themes of Being with God? (Review)
    - When are we most creative?
    - What is the purpose of Biblical meditation?
    - Who can we turn to and receive strength to "finish our race" in life?
- Activities (Optional): (25-30 min)
  - [BC Week 5 Small Group Video](#)
  - Being Challenge Service Project - Day 5
    - Carry out Day 5 Service Project Plan to give your fifth selected group 15 - 20 minutes of "Being" time with God; students cover the duties and jobs of the selected group for the time frame with teacher supervision.
- Review weekend HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

### HOMEWORK:

- Read challenge on p.209; start the challenge.
- Read and complete Day 32: 'Whispers Of God' (p.210 - p.215); start the challenge.
- Read and complete Day 33: 'Fill Your Mind' (p.216 - p.221); start the challenge.
- Pray that God will help you meditate on everything listed in Phillipians 4:8.



# WEEK OF CHOOSE CHURCH | DAY 34

## BEING CHALLENGE



### THEME:

The last of 5 themes of Being Challenge - Choose Church.

### BIBLE VERSES:

Hebrews 10:23-25

### OBJECTIVE:

Students will be able to explain the importance of being involved in and serving a church.

### MEMORY VERSE:

"And let us consider how we may spur one another on toward love and good deeds..." Hebrews 10:24

### AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and Day 32, Day 33 from the previous week. (4-5 min)
  - Ask students to share examples from their completed challenges.
- Intro Day 34: Over And Over And Over Again. (1-2 min)
- Read p.224 - p.228 (10-15 min)
  - Discussion Questions:
    - How does consistency impact our success?
    - What impact will choosing church regularly have on your faith?
    - What were people in the early church doing according to Acts?
    - Why should we choose church knowing that God chose us first?
- Activities (Optional): (25-30 min)
  - Review Bible Verses and recite Memory Verse. (choral recitation)
  - [BC Week 6 Small Group Video](#)
  - A Deeper Dive: The Early Church Continued...
    - Options: Review the first snapshot of the early church presented in Acts 2:42-47. Then have students read Acts 4:32-35. Have students make a list of characteristics and actions of the early church members. Ask them which characteristic they want to carry on at their church.
  - Target Practice.
    - Option: Have students complete the Target Practice on p.229. Ask each question to the students and have them complete each target. Ask students to share their evaluations.
  - Make-Up Monday: Work with students to complete work from the previous weekend.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

### HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.237 (Target Practice); start the challenge.
- Praise God for providing churches where we can grow our faith.



# WEEK OF CHOOSE CHURCH | DAY 35

**BEING**  
**CHALLENGE**

## THEME:

The last of 5 themes of Being Challenge - Choose Church.

## BIBLE VERSES:

Hebrews 10:23-25

## OBJECTIVE:

Students will be able to explain the importance of being involved in and serving a church.

## MEMORY VERSE:

"And let us consider how we may spur one another on toward love and good deeds..." Hebrews 10:24

## AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
  - Ask students to share how involved they are at their church.
- Intro Day 35: Magnify Jesus. (1-2 min)
- Read p.230 - p.234 (10-15 min)
  - Discussion Questions:
    - Why did Jesus clear the temple according to Mark 11?
    - What is the ultimate purpose of a church?
    - Why is the church best described as a "living organism?"
    - How can we magnify God in our lives?
- Activities (Optional): (25-30 min)
  - Review and recite the memory verse. (choral recitation)
  - [BC Week 6 Small Group Video](#)
  - A Deeper Dig: Mary and Elizabeth Revisited.
    - Option: Have students or student groups read Luke 1:39-49. Have them discuss what Elizabeth said to Mary and why it would have driven her to "magnify" God and sing her song of glorification. Ask them to explain how going to church provides the same opportunities for us.
  - Church Has An Impact!
    - Option: Have students return to p.218 in the book. Have them make a new list in reference to Philippians 4:8, but this time they will write answers according to this prompt: IN YOUR CHURCH, WHAT IS...(true, noble, etc.)? Ask them to explain how attending church helps them keep their minds on things above (Colossians 3:2).
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

## HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.235; start the challenge.
- Pray and confess to God the times when you skipped church or did not keep your mind on "things above." Ask for His forgiveness.



# WEEK OF CHOOSE CHURCH | DAY 36

## BEING CHALLENGE

### THEME:

The last of 5 themes of Being Challenge - Choose Church.

### BIBLE VERSES:

Hebrews 10:23-25

### OBJECTIVE:

Students will be able to explain the importance of being involved in and serving a church.

### MEMORY VERSE:

"And let us consider how we may spur one another on toward love and good deeds..." Hebrews 10:24

### AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
  - Ask students to share some ways that church has impacted their lives.
- Intro Day 36: Spiritual But Not Religious. (1-2 min)
- Read p.236 - p.240 (10-15 min)
  - Discussion Questions:
    - What are some reasons people stop choosing church?
    - How does the impact of church go beyond scientific understanding?
    - Why should a church be a hospital for sinners rather than a hotel for saints?
- Activities (Optional): (25-30 min)
  - Review and recite the memory verse. (choral recitation)
  - [BC Week 6 Small Group Video](#)
  - A Deeper Dig: Jesus Used Scripture To Support His Actions
    - Option: Have students reread Mark 11:15-18. Have them focus on Jesus' statement in v.17. Divide the class into two groups. Have one group read Isaiah 56:1-8. Have the other group read Jeremiah 7:1-11. Ask each group to share their findings and ask them why Jesus would have made reference to these Old Testament prophecies in front of the people and the priests at the temple (the Old Testament church). Ask students to decide if Jesus would want a hospital or a hotel.
  - Challenge Completion Fun!
    - Option: As a class, complete the challenge on p.241. Have students discuss options for improving their church and how to make it more friendly. List the ideas and suggestions on a whiteboard or poster board. Possibly present the ideas to the children's pastor or other church leaders.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

### HOMEWORK:

- Review and recite the memory verse.
- Read challenge on p.241; start the challenge.
- Pray that God will help you love your church.



# WEEK OF CHOOSE CHURCH | DAY 37

**BEING**  
**CHALLENGE**

## THEME:

The last of 5 themes of Being Challenge - Choose Church.

## BIBLE VERSES:

Hebrews 10:23-25

## OBJECTIVE:

Students will be able to explain the importance of being involved in and serving a church.

## MEMORY VERSE:

"And let us consider how we may spur one another on toward love and good deeds..." Hebrews 10:24

## AGENDA:

- Opening Prayer. (1-2 min)
- Review HW and challenge from the previous day. (4-5 min)
  - Ask students to share what they love about their church.
- Intro Day 37: Immer Fort: Always Forward. (1-2 min)
- Read p.242 - p.246 (10-15 min)
  - Discussion Questions:
    - Why was Jonathan so confident as a soldier? What was his reward in terms of seeing miracles happen?
    - How can we be like Jonathan and inspire others in their faith?
    - What is the only way we can step into God's story?
- Activities (Optional): (25-30 min)
  - Review and recite the memory verse. (choral recitation)
  - [BC Week 6 Small Group Video](#)
  - A Deeper Dig: Jonathan's Faith!
    - Option: Have students or student groups complete the challenge by reading through 1 Samuel 13 - 14. Have them make a summary of the battle and how Jonathan depended on God for his delivery and Israel's victory. Ask them what God may be inviting them to be a part of and how they can be a more faithful follower of God.
- Review challenge and HW assignments. (1-2 min)
- Closing Prayer. (1-2 min)

## HOMEWORK:

- Review and recite the memory verse. (Test tomorrow!)
- Read challenge on p.247; start the challenge.
- Thank God for His church that is full of other faith-filled believers.



# WEEK OF CHOOSE CHURCH | DAY 38

**BEING**  
**CHALLENGE**

## THEME:

The last of 5 themes of Being Challenge - Choose Church.

## BIBLE VERSES:

Hebrews 10:23-25

## OBJECTIVE:

Students will be able to explain the importance of being involved in and serving a church.

## MEMORY VERSE:

"And let us consider how we may spur one another on toward love and good deeds..." Hebrews 10:24

## AGENDA:

- Opening Prayer. (1-2 min)
- Recite Memory Verse. (5-10 min)
  - Options: each student separately to earn a reward or as a group to earn a reward.
  - Reward Ideas: grades, extra credit opportunity, etc.
- Intro Day 38: A Different Church. (1-2 min)
- Read p.248 - p.252 (5-10 min)
  - Discussion Questions:
    - Do we all have the same gifts? Why are we blessed with different gifts?
      - Read 1 Corinthians 12:1-28 with the students.
    - How can you use your God-given gifts to spread the Good News to others?
- Activities (Optional): (25-30 min)
  - [BC Week 6 Small Group Video](#)
  - Fun Friday:
    - Discover Your Gifts (challenge completion) - Have students complete the spiritual gifts test online at [www.beingchallenge.com/gifts](http://www.beingchallenge.com/gifts). Have students share their results with the class. Then have students get into groups based on their #1 gift. Have groups develop plans of how they can use their gifts to spread God's Word and support their church.
- Review weekend HW Assignments. (1-2 min)
- Closing Prayer. (1-2 min)

## HOMEWORK:

- Read and complete Day 39: 'The 1 and the 111' (p.254 - p.257); start the challenge.
- Read and complete Day 40: 'If It Bleeds, It Leads' (p.258 - p.263); start the challenge.
- Pray that you will continue to BE WITH GOD everyday!



# CELEBRATION DAY!

# BEING CHALLENGE

## THEME:

BEING with God.

## BIBLE VERSES:

Psalm 16:8-10

## OBJECTIVE:

Recognize and celebrate the accomplishments of students, parents/guardians, school faculty/staff, and, most importantly, Jesus!

## MEMORY VERSE:

"I keep my eyes always on the Lord. With Him at my right hand, I will not be shaken." Psalm 16:8

## AGENDA:

- Opening Prayer
- Review HW and Day 39, Day 40 from the previous week. (4-5 min)
  - Ask students to share examples from their completed challenges.
- Intro "The Final Challenge - One Small Habit" Day
- Read p.264 - p.269
  - Discussion Question:
    - What is your one "Jesus Habit" that you will make your main goal?
- Celebration Options:
  - Celebrate on Sunday if doing BC with an associated church.
  - Host an BC Graduation Ceremony to celebrate accomplishments.
  - Host a Field Day celebration with "challenges" for students. (ie. bounce houses, races, obstacle courses, field day events like tug of war, etc.)
  - Host a drive-through car wash or other fundraiser put on by students; donate funds to a charity, a church, a missions project, or another school-based project.
  - Conduct a student-led food drive, clothing drive, or another initiative to give back to the local community.
  - Other school-based celebrations of BC accomplishments.
- Closing Prayer. (1-2 min)

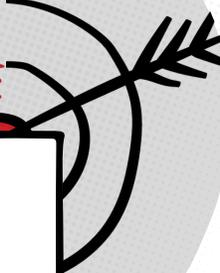
## NOTES:



# BEING

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CHALLENGE



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